

# OPTIMISM SENDS TSX PAST 10,000 MARK, PG10

Canadian Legal Resource Centre Inc.  
CALL NOW! Mon-Sat Daytime & Evening Appointments  
403.229.2774 FREE CONSULTATION  
**UNCONTESTED DIVORCES**  
Legal Separation Agreements  
Spousal Land Transfers  
[www.canadianlegal.org](http://www.canadianlegal.org)  
**CRIMINAL RECORD?**  
Canadian Pardons  
US Travel Waivers  
Fingerprinting  
21+ years experience  
Voted #1 Paralegal  
Why pay more?

The world's largest global newspaper  
**metro**®  
CALGARY • THURSDAY, MAY 7, 2009  
[metronews.ca](http://metronews.ca)

Portobello West fashion + art market  
May 8th - 10th  
Big Four Building Calgary Stampede  
Admission \$5

## Court rules against ID scanner

**NIGHTCLUBS** A Calgary nightclub owner has mixed feelings about a Court of Queen's Bench decision to uphold a decision to disallow an ID scanner at the front door of Tantra nightclub.

Paul Vickers, owner of Penny Lane Entertainment, said he is disappointed the appeal didn't work in his favour but is hoping Bill 42 will pass, which would allow bars to scan driver's licences at their doors.

"I reserve judgment for now. We obviously need to have it. I just hope Bill 42 gets through and covers it off," Vickers said yesterday.

Last year, Alberta's Privacy Commissioner ordered Tantra to stop scanning the cards.

METRO CALGARY

# \$184M in budget cuts

Many of the city's capital projects could be delayed or eliminated

KRISTA SYLVESTER  
[krista.sylvester@metronews.ca](mailto:krista.sylvester@metronews.ca)

**City council will have to pull out the calculators after a projected \$184-million cut to this year's capital budget was announced yesterday.**

Council was forced to axe millions at the City Finance Committee

meeting because there isn't as much revenue coming in from the province in the form of fuel tax and the Municipal Sustainability Initiative (MSI) finance committee chair Ald. Gord Lowe said.

"Our source of revenue has changed. MSI money will still come but over a longer period of time, and people are buying less fuel so it means

less revenue," Lowe said.

Lowe said consequences will include project deferral, project renegotiation and other projects could be eliminated completely. Council has yet to determine which projects will be affected,

Lowe added.

Ward 12 Ald. Ric McIver said the capital cuts disprove the saying "growth doesn't pay for itself."

"It's because of a lack of growth that we need to make these cuts now," McIver said. "Growth is something that is a big benefit



Ald. Gord Lowe

to our city."

McIver said he will have to see the numbers and dollars in front of him before he comments on particular projects. However, there is at least one on top of his list to go.

"The \$25-million pedestrian bridges should go. We can do without those and I don't think too many people would be upset," he said.

METRO CALGARY

Comment pg 9

## Love leads to irrationality

Mom's Day pg 13, 14

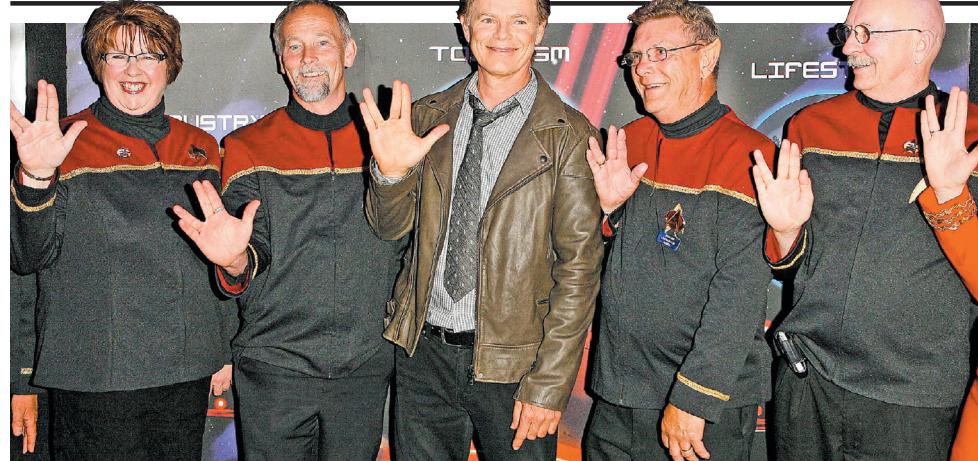


Perfect gift ideas for mom

Local pg 4



Klassen serves up smiles



Canadian actor Bruce Greenwood, centre, poses on the red carpet with Vulcan town councillors before a special screening of the new Star Trek movie in Calgary last night. 300 residents of the town were bused into Calgary for the screening. Read Metro's review, pg 21.

## Vulcans beaming about Star Trek flick

**SCREENING** They didn't beam Scotty up to Vulcan, but for residents of the small town it was a nice consolation prize.

Vulcan Mayor Tom Grant and 300 Vulcan residents were transported by bus to the Chinook Centre for a Paramount Pictures special screening of the new Star

Trek movie last night.

"It's not a movie premiere in the town, but it's a really close second. This is such an exciting opportunity for the town," Grant said.

Grant and the town were lobbying for the premiere of the movie for the past year with the help of original Star Trek actor Leonard

Nimoy.

"This has been a long time coming," Grant added.

Star Trek fans Clydine, 61, and Al Grenier, 50, have been fans since they were children and dressed up for the occasion. They were two of many wearing pointy ears and raised eyebrows in celebration of the movie.

"This has been in our family for generations. It's the past, present and the future," Clydine said.

The Town of Vulcan, 120 kilometres southeast of Calgary, is world-renowned for its annual Star Trek convention and Spock Days every June.

KRISTA SYLVESTER/METRO CALGARY

## Four more cases of flu in Alberta

**HEALTH** Alberta Health Services has confirmed four more cases of Influenza A (H1N1), also known as swine flu, in Alberta yesterday, which now brings the province's total to 30.

A male adult and a female child who recently travelled to Mexico are showing mild symptoms of the flu in Edmonton, while another Edmonton male adult with no travel history is also showing mild symptoms of the flu, said Alberta Health Services.

A female from northern Alberta, who has no travel history, is showing mild symptoms, said health officials.

So far there are 13 cases from Calgary and eight from the Edmonton area.

METRO CALGARY

ShareYourViews

[calgaryletters@metronews.ca](mailto:calgaryletters@metronews.ca)

We warn you with text messages before you exceed your plan.

TM Trademark of Fido Solutions Inc. © 2009

the new  
**fido**

**Wake up to wanting to wake up.**



## **Introducing Oven-Toasted Breakfast Sandwiches**

English Muffin Sandwiches • Spinach Feta Egg Wrap

**Three found dead in home**

Two females and one male were found dead in a home in Grande Cache, Alta., about 440 kilometres northwest of Calgary. The cause of death has not been released, however, investigators say they are not seeking any suspects outside the house. Autopsies are scheduled for Thursday. **METRO CALGARY**

**Aerosmith coming to town**

Rock and Roll Hall of Famers Aerosmith, including singer Steve Tyler, left, and ZZ Top are playing at Calgary's McMahon Stadium Aug. 13, 2009. Tickets will be between \$115 and \$199 and go on sale Saturday. Also available are ZZ Top Meet and Greet Packages for \$499.

METRO CALGARY

# Local

**News in brief**

**ATTACK** Three males were assaulted while walking in an alley near Seattle Drive SW, police said. According to police the three males were age 15, 17 and 20, and were approached from behind by four unknown people. The four attackers assaulted the men and then fled on foot, said police. Police said one of the victims had been taken to hospital where he was treated and released.

**PHOTO** Calgary police have released a photo of a 48-year-old Ronald Thomas Manyguns, who is suspected of assaulting his girlfriend on May 2. On Saturday morning the victim's four-year-old daughter had alerted neighbours to the woman's need for help, likely saving her life.

Ronald Manyguns  
His girlfriend on May 2. On Saturday morning the victim's four-year-old daughter had alerted neighbours to the woman's need for help, likely saving her life. The woman is now recovering in hospital after suffering head wounds from being badly beaten. Manyguns is wanted on warrants for aggravated assault, assault with a weapon, forcible confinement, uttering threats and common assaults.

**ASSAULT** A woman was assaulted while jogging in the vicinity of Dalhurst Gate near 53 Street NW, said police. According to police the woman was in her 20s and was grabbed from behind by a large man. Police said the woman was struggling to free herself when the man pushed her to the ground and then ran away. The woman suffered minor injuries, said police.

METRO CALGARY

## Engineering a change

Constructing weirs will have good and bad impacts, says expert

**SIOBHAN O'BEIRNE**  
for Metro Calgary



**The pelicans you see gathered at the Bow River next to Memorial Drive might not be there much longer.**

In the winter, the City of Calgary began construction on weir structures engineered to raise water levels. This will have both positive and negative effects on the surrounding ecosystem, according to a local expert.

"Effectively (the weir) has created a barrier to upstream fish migration," said Mac Hickley, manager of the River Valleys Committee for Parks Foundation Calgary.

This has stopped the flow of fish on the river, creating a buildup of river fish making it easy fishing grounds for the pelicans.

"The development itself will have a positive impact on the fisheries," said Hickley. "It may result in the

pelicans dispersing from that area. But the pelicans congregating there was never a natural occurrence."

The plans for the Bow River are also going to open up the lower part of the river to rafters, canoes and kayakers, upon project completion in 2011.

Until now the weir has been referred to as a "drowning machine," falling off into the water at the weir leads to an almost certain death.

The increase of human traffic down the river may also have an effect. "From what I've gathered rafters do not have a huge effect on the fish except the litter that they leave behind," Hickley told Metro.

The connection between the two parts of the river far outweighs the temporary environmental effect of construction. Hickley said, "In a couple years (the construction) will be over and nature can take its course."



Ducks swim near the weir construction area yesterday.

## Hiring fair aims to help young people find jobs

**AMY GREGSON**  
for Metro Calgary



Julie Tran said she has had a hard time even finding a part-time job.

Tran, 20, has applied to about 10 places in the last two weeks in sales or retail

jobs, but has now started to expand her options.

"I thought I'd get into the restaurant industry because they are always hiring for waitressing, but apparently not," said Tran, who was at the Youth Employment Centre yesterday.

The Centre is holding its

11th annual Summer Hiring Fair to help youth land a job.

"There is a lot more competition in the market right now especially for positions for young people," said Lisa Wieser, community relations liaison for the Youth Employment Centre.

"There is still a lot of opportunity that youth can take advantage of," said Wieser.

The fair will allow youth the opportunity to network with more than 75 employers and runs from 1:30 to 6 p.m. at the Big Four Building.

## Police link bank robberies

**SUSPECT** Police believe the same suspect is responsible for two separate bank robberies within two hours on Tuesday.

Robbery Staff Sgt. Keith Cain said a person matching the same description may have robbed the TD Canada Trust in the 300 block of 17 Ave. SE and the TD Canada Trust in the 4400 block at 3 p.m. and 5 p.m. respectively.

"It's certainly possible it's the same person with matching descriptions using the surveillance tape," Cain said.

The suspect is described as Caucasian male, 35 years old, five-foot-10 to six-foot-three, medium build, with a beard and a mustache. He was wearing a black hat, black sunglasses, a grey hoodie and jeans.

METRO CALGARY

**metronews.ca**

What's online today.

**Video** Paramedics patrol the airport on Segways at [metronews.ca/local](#)

**Blogs** Style columnist Kenya Hunt finally joins Twitter and Hollywood Rants honours Dom DeLuise's true legacy ... the Cannonball Run blooper reel



**Lotteries**

Lotto 6/49: 1, 4, 9, 20, 30 & 44. Bonus 18. These results are not official.

**DIPLOMA PROGRAMS**

**HEALTH CARE** Massage Therapy ✕ | Medical Office Administrator ✕ | Retail Pharmacy Technician ✕ ✕ | Medical Administrative Assistant ✕

**BUSINESS & LEGAL** Paralegal ✕ | Business Administration E-Commerce Management ✕ | Accounting and Payroll Administrator ✕ ✕ | Professional Legal Assistant ✕ ✕ | Oil & Gas Administrative Assistant ✕ ✕ | Computer Graphic Design ✕ | Business Administration Management ✕ ✕

- Financial Aid Available to Qualified Applicants
- Career Services Assistance
- High Graduate Employment Rates
- 9 Campuses in AB
- Classes Filling Fast – Call Now to Reserve a Seat

\* Not All Programs Available At All Campuses.

Pertains To A Reeves College Program

Pertains To A CDI College Program

## DRAMA. SUSPENSE. COMEDY.

Visit metronews.ca to watch *metrotube* of the day

YOU COULD

# WIN

A FUTURE FRIENDLY BASKET!

Gift basket includes Future Friendly products from Bounty, Charmin, Cascade, Tide, Ultra Downy and Duracell.

ENTER FOR YOUR CHANCE TO WIN!  
[metronews.ca](http://metronews.ca)



**metro**

No purchase necessary. Enter daily for more chances to win. Contest open to Canadian residents of legal age, excluding Quebec. Contest closes May 8th, 2009 at 11:59pm. Odds of winning depend on number of entries received. For full contest rules and details, visit [www.metronews.ca](http://www.metronews.ca)

# Serving up smiles

Olympian Klassen helps at McHappy Day

SunnySide ☀

JOEL MESSNER  
for Metro Calgary

Cindy Klassen, Canada's two-time female athlete of the year, turned in her skates for a spatula and grill yesterday as she picked up a shift at McDonald's.

Klassen, along with local TV anchors, was at the Westhills McDonald's location serving customers for McHappy Day to raise money for local children's charities.

The multiple Olympic gold medallist also found McHappy Day was an excellent chance to meet some of her fans.

"It's going to be fun to talk to customers and interact with people," said Klassen. "It's going to be a different experience going from sports to working at McDonald's."

"People want to see these VIPs who are well-



Canadian Olympic champion Cindy Klassen serves up soft ice cream yesterday at the Westhills McDonald's, donating her time for McHappy Day and raising money for local children's charities.

known in the community, and this is people's chance to see them face to face," said Laurier Baillargeon, the Calgary and area marketing manager for McDonald's. "People want to

come out and see them, and it helps the event."

One dollar from every Egg McMuffin, Big Mac and Happy Meal sold was donated to local children's charities.

## GPS maps to help off-road users

**RECREATION** Alberta off-road users are going to get some extra help finding their way around.

According to the Sustainable Resource Development, off-road users will now have access to off-road maps through GPS.

The goal of providing these maps is to keep off-roaders away from environmentally sensitive areas, according to the Sustainable Resource Development.

The Sustainable Resource Development said it currently only works with Garmin GPS units.

METRO CALGARY

## News in brief

**FORT MCLEOD** A 17-year-old Fort McLeod boy has been charged with second-degree murder in his mother's gruesome death. While the autopsy of a 34-year-old woman is still being conducted, reports say she was killed with an axe. The name of the victim and suspect will not be released by the RCMP. The teen appeared in Fort McLeod Provincial Court yesterday.

METRO CALGARY

In AFRICA this is a WATER TRUCK

Help build 5000 BIKES for AFRICA

IN MANY AFRICAN COMMUNITIES, WALKING UP TO SIX HOURS A DAY JUST TO COLLECT WATER IS COMMON. A BICYCLE CAN CUT THAT TIME FROM SIX HOURS DOWN TO TWO. BUILD BIKES ONLINE BY ENTERING CADBURY UPC CODES AT [thebicyclefactory.ca](http://thebicyclefactory.ca)

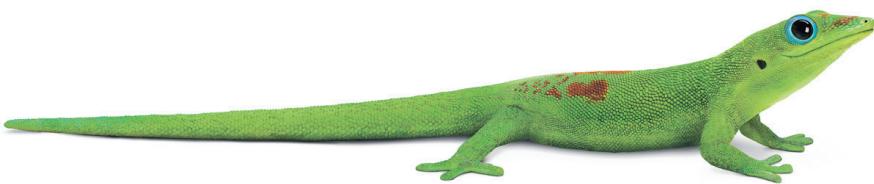
Dentyne Trident Cadbury Maynards Stride Halls

THE BICYCLE FACTORY Cadbury

YOU COULD WIN A TRIP TO AFRICA

\*Trademark or used under license by Cadbury Adams Canada Inc.  
†NO PURCHASE NECESSARY. Offer valid from April 13 to July 30, 2009 or while supplies last. For every 100 UPCs entered, Cadbury will donate one (1) bicycle for delivery to Africa up to a maximum of 5,000. For further details and to participate, visit [www.thebicyclefactory.ca](http://www.thebicyclefactory.ca). Must be thirteen (13) years of age or older and a resident of Canada.  
‡NO PURCHASE NECESSARY. Contest starts April 13, 2009 and ends July 30, 2009. For contest rules, details and to register/enter, visit [www.thebicyclefactory.ca](http://www.thebicyclefactory.ca). Contest open to residents of Canada who have reached age of majority. One (1) Grand Prize of a 10 day/9 night trip for 2 to Ghana, Africa. Restrictions apply. Approximate retail value is \$9,200.00. Odds of winning depend on the number of eligible entries received. Skill-testing question must be correctly answered to be declared a winner. Always follow all safety rules when bicycling.

# Awaken your senses. Lessen your expenses.



With all digital TELUS TV® you will:

- Enjoy superb picture and sound quality
- Start with 76 channels, including 45 commercial-free music channels
- Get access to HD Video On Demand

Plus, sign up now and receive a FREE HD PVR rental.\*

Add TELUS TV to  
a home bundle for

\$20<sub>mo.</sub>



the future is friendly®

Call 310-1144 or visit [telus.com/gettv](http://telus.com/gettv) or your nearest TELUS authorized dealer.

#### TELUS AUTHORIZED DEALERS

**Northwest**  
Market Mall  
North Hill Mall  
Northland Mall

**Northeast**  
Sunridge Mall  
Deerfoot Mall  
Marlborough Mall  
511 - 500 Country Hills Blvd. NE  
Calgary Airport

**Southwest**  
Chinook Centre  
Southcentre Mall  
TD Square  
Barons Hall  
Westbrook Mall  
237 - 255 5th Ave. SW  
203 - 321 6th Ave. SW  
245 - 225 7th Ave. SW

**Southeast**  
856 - 33 Heritage Meadows Way SE

\*Free PVR rental available with a 2 or 3 year service agreement. †Offer available with a 1, 2 or 3 year service agreement until August 4, 2009 to residential clients who have not subscribed within the past 90 days to TELUS TV service and who have TELUS High Speed Internet service or a TELUS Local Line. \$20 includes the Essentials which includes 76 pre-selected channels. Further customization is available for an additional cost. TELUS reserves the right to change the channel lineup. © 2009 TELUS.

Canwest Global Communications Corp, the country's largest media company, announced yet another extension to lender talks yesterday as it fights a massive downturn in the advertising market. **REUTERS**

# Canada



## Canada soft on asylum: Czech PM

Canada is soft on asylum seekers, and ends up being targeted by certain groups as a result, Czech Republic Prime Minister Mirek Topolanek charges. In April, Canada granted asylum to 84 Czech asylum seekers, all of them Roma — once called gypsies — who are often persecuted across Europe. Last year, 853 Czech citizens, all Romani, sought refugee status in Canada.

TORSTAR NEWS SERVICE

### PM chides Russia over expulsions

**DIPLOMACY** Prime Minister Stephen Harper has lambasted Russia for expelling two Canadian diplomats, saying it puts further strain on Canada's relationship with Moscow. "It's not a cold war but it's not the ideal relationship either. We would like the Russians to behave in a more acceptable manner," Harper said yesterday.

**TORSTAR NEWS SERVICE**

### News in brief

**AVIATION** Canada and the European Union signed an "open skies" pact yesterday under which airlines will be able to fly freely between any airport in the EU and Canada.

**ILLNESS** A second strain of influenza may have mutated and may be complicating the picture in Mexico, Canadian researchers reported yesterday.

**REUTERS**

### Ottawa Timeless fashion



TRACEY TONG/METRO CANADA

A model poses at a preview of Richard Robinson's 2009 collection outside the Sussex Drive shop in Ottawa yesterday. This year, the haute couture designer celebrates 40 years in fashion.

## Recession stress

Economic downturn raising anxiety: Survey

Stressed-out Canadians are losing sleep over the protracted economic meltdown, a survey showed yesterday, and that's translating into heightened anxiety and a drop in productivity on the job.

About one-third of 1,062 employees surveyed by Desjardins Financial Security said they are more stressed than a year ago, with economic worries being the main cause. Another 30 per cent confessed they were suffering from tension-related symptoms such as anxiety, headaches and a lack of sleep.

Workers are fearful the recession will last longer than economists have predicted, with 47 per cent believing the downturn will

"**Productivity can have a significant impact on an organization's bottom line.**"

Michele Nowski,  
Desjardins

extend well into next year.

Many employees are logging longer hours at the office, but productivity is suffering as recession-weary workers buckle under the stress, said Michele Nowski, director of disability claims and disability management with Desjardins, which specializes in insurance and retirement savings products.

"Productivity can have a significant impact on an or-

ganization's bottom line, and while the employee may not necessarily be absent from work, they may not be present 100 per cent," Nowski said.

The survey also noted mental health issues are now the fastest growing reason for days lost in the workplace.

Health officials became alarmed when stories about marital strife, substance abuse and a rise in depression increased as the economy worsened in the U.S., said Taylor Alexander, chief executive of the Canadian Mental Health Association's national office.

"People think the future looks pretty grim and they are worried that things may not turn around."

**REUTERS**

# koodo-scious

The fantastic awesomeness of a combo filled with lots of talk and **unlimited text**.

**More Talk & Text Combo Contains**

- Unlimited Messaging (Text and Picture)<sup>1</sup>
- Up to 300 Anytime Minutes
- 5pm Evenings & Weekends<sup>2</sup>

**\$35**  
Per Month<sup>3</sup>

[koodomobile.com](http://koodomobile.com)

You pay no System Access Fee.

**koodo mobile™**

Good call



► FUTURE SHOP

LONDON DRUGS

Walmart

Zellers

Koodo  
Shop

Market Mall  
Marlborough Mall  
Southcentre Mall  
Sunridge Mall

(1) Includes international text and picture messages. Excludes premium messages. (2) Unlimited local calling from 5pm to 8am, Monday through Thursday and from 5pm Friday to 8am Monday. (3) Taxes are extra.

# Sears\*

Click or Come in.

Shop online [sears.ca](http://sears.ca)

Available at your local Sears department store or  
order it online at [www.sears.ca](http://www.sears.ca)

# Clinique

It's BONUS time.  
But free\* isn't forever



With your CLINIQUE purchase of  
\$26.50 or more<sup>†</sup>, get your Bonus  
Choice for Eyes or Lips—free\*

Clinique's feature-focused performers put the spotlight where you want it. Accent eyes with our newest Quick Eyes Cream Shadow. Or turn up the volume on lips with Full Potential Lips Plump and Shine. Plus, enjoy other skin care and makeup treats. What will it be—eyes or lips? Choose your Clinique Bonus now. Yours free with any Clinique purchase of \$26.50 or more. A \$60.00 value\*\*.

\*Before taxes.

\*\*One bonus per customer. Available until Tues., May 12, 2009, while quantities last.

\*\*Value based on Sears reg. price per mL/g

**CLINIQUE**

Allergy Tested. 100% Fragrance Free.



Try new  
Youth Surge™  
Age Decelerating  
Moisturizer SPF 15.

Inspired by Sirtuin technology, Clinique science uses youth-extending agents to create a daily moisturizer quite like a fountain of youth. Lines and wrinkles appear to evaporate, replaced by plump, vibrant skin alive with natural collagen and elastin. Skin gains strength over environmental agers. Looks younger, longer. NEW Youth Surge Age Decelerating Moisturizer SPF 15 in skin-typed formulas, 50 mL, \$58.50.





A Libyan jailed in Scotland for his role in the 1988 Lockerbie bombing will not be repatriated unless the man drops an appeal against his conviction, Scottish officials said. Abdel Basset Ali al-Megrahi, who is terminally ill with cancer, is the only person convicted of the 1988 airplane bombing. METRO NEWS SERVICES



## U.K.'s G.I. Joes back in action

With their swivelling eyes, gripping rubber hands and lifelike features, Action Man toy soldiers, the British equivalent of G.I. Joe, were the pride and joy of British boys for decades. Production stopped in the 1990s, but the British Ministry of Defence has recently unveiled its own version of the action figures, the HM Armed Forces dolls.

REUTERS

# World

## Clinton regrets Afghan deaths

**The United States offered its regrets yesterday for the deaths of Afghan civilians as it brought together the presidents of Afghanistan and Pakistan to get them to co-operate against the Taliban.**

The Red Cross said dozens of Afghans died after U.S.-led airstrikes this week, while local officials said more than 100 civilians may have been killed, a figure that would make it among the deadliest days for Afghan civilians since the fall of the Taliban in

2001.

U.S. President Barack Obama was to meet Pakistan's Asif Ali Zardari and Afghanistan's Hamid Karzai yesterday amid U.S. doubts about both men's capability to tackle the Taliban. Civilian casualties caused by U.S. operations in both countries have made it harder for them to work with the U.S.

"We deeply, deeply regret that loss," U.S. Secretary of State Hillary Clinton said at a meeting with Karzai and Zardari. REUTERS

### Australia Best job in the world



TOURISM QUEENSLAND/REUTERS

The winner of the Best Job in the World competition, Ben Southall of Britain, right, sits on a mermaid statue yesterday. Southall won \$110,000 US and the role of "island caretaker" on the Great Barrier Reef in the tourism promotion contest.

### News in brief

**NEPAL** About 1,000 stone-throwing Maoist protesters clashed with police yesterday as political parties struggled to

form a new government. Major parties tried to woo the former rebels to help form a coalition after their leader quit as

prime minister on Monday. **GERMANY** Gunther von Hagens' global Body Worlds show of "plastinated" human

cadavers, which features a preserved man and woman having sex, has German politicians in an uproar. REUTERS

### Flu Outbreak: WHO advises against eating infected pork

- Meat from pigs infected with the influenza A (H1N1) virus, also known as swine flu, should not be eaten by humans, the World Health Organization said yesterday. Other groups have said the flu is not food-borne, but the WHO stated it was possible for the viruses to survive freezing and remain in thawed meat.
- The Canadian Food Inspection Agency said yesterday pigs that have been infected with the virus would be allowed to enter the human food supply once the animals had recovered.
- Mexico stirred back to normal life after a five-day shutdown of businesses due to the virus. Traffic and pedestrians again clogged the streets, even as the confirmed death toll there hit 42.
- Sweden found its first case in a woman in her 50s who visited Chicago and had tested positive for the virus. Poland also recorded its first case.
- The U.S. Centers for Disease Control and Prevention has received eight million hits on its website daily as news of the outbreak spreads, and is turning to social media sites like YouTube, Twitter and podcasting to reach the public.
- WHO experts will meet next week to consider whether drugmakers should switch from seasonal to pandemic flu production in response to the new strain REUTERS

# Like to shed a few bills?

# citi financial®

**Consolidate today and shape up your finances.** If you're ready to take control of monthly bills, we can help. We'll take the time to listen and quickly prepare a solution that's right for you. A simple consolidation loan may be just what you need to get your finances in shape. You could pay off bills and have just one monthly payment that's affordable. And, you'll leave our office feeling good about yourself. A consolidation loan – it's a great step to better financial fitness. Let's talk.

All applications are subject to our standard credit approval criteria. In connection with your application, we will obtain a credit report from a consumer reporting agency. We will require that any existing balance you have with us be included in the new loan and, if there is collateral on the existing account, we will require collateral on the new loan. Personal and Home Equity Loans are offered by CitiFinancial Canada East Corporation in New Brunswick, Nova Scotia and Newfoundland & Labrador. ® Registered Trademark of CitiFinancial Credit Company. CitiFinancial and the CitiFinancial logo are registered trademarks of Citigroup Inc. Used under license. In Ontario, CitiFinancial Canada, Inc. is licensed as brokerage 10821.

A better way to borrow | [citifinancial.ca](http://citifinancial.ca)

**Bevon Phang**  
403.685.3234  
22 Richard Way S.W.  
Unit 18  
Calgary

**Steve Fedoruk**  
403.254.4844  
4916 130th Ave. S.E.  
Suite 531  
Calgary

**Mark Coutts**  
403.247.7237  
8060 Silver Springs  
Blvd. N.W., Unit 162  
Calgary

**Steve Babych**  
403.272.2276  
3430 Sunridge Way N.E.  
Calgary

**Daryl Lynn Webb**  
403.295.2150  
5010 4th St. N.E.  
Unit 24  
Calgary

**Denae Spada**  
403.252.6631  
11440 Braeside Dr. S.W.  
Unit 22  
Calgary

**Sandy White**  
403.277.7591  
1311 Centre St. N.W.  
Unit 11  
Calgary

**Julie Boyd**  
403.272.6695  
3012 17 Ave. S.E.  
Unit 21G  
Calgary

**Oscar Perez**  
403.313.0200  
9683 Macleod Trail S.W.  
Calgary

## LOCAL

Publisher, Steve Shroud  
Managing Editor, Darren Krause

Distribution Manager, Dave Mak

## NATIONAL

Group Publisher, Bill McDonald  
Editor-in-Chief, Dianne Rinehart

Assoc Managing Editor, Tarin Elbert  
Enter/Lifestyle Editor, Dean Lisk  
Asst Managing Editor, Amber Shortt

Art Director, Laila Hakim  
National Sales Director, Peter Bartrem  
Interactive/Mktng Director, Jodi Brown

# Comment & Views

## Comment

## Love's irrational yearning

## Relating

**Andrea Woo**

metronews.ca/woo

**W**hen Megan McAllister initially chose to stand by her fiancé, Philip Markoff, many questioned why, given the charges he faces, she would defend him.

Markoff was linked to the catchy but unenviable nickname of "the Craigslist Killer" after allegedly trolling the erotic services section of the site for victims, luring them to hotel rooms, binding their hands with plastic cuffs and robbing them at gunpoint.

He is accused of killing

**"It is a self-defence mechanism, no doubt — one intended to keep a person from emotional obliteration — but yields more productive results after it fades."**

New York masseuse Julissa Brisman in a Boston hotel room after she resisted.

McAllister, it appears, did what many do after a relationship takes a traumatic turn and went spiralling into a pit of momentary lunacy, in which reason and logic are overpowered by an irrational yearning to return to a reality that no longer exists.

When Markoff was charged with murder, for example, the 25-year-old told the Boston Herald: "I will stand by Philip as I know he is innocent. I love him now and always will."

When police suspected a connection between the murder and two other rob-

beries from hotel rooms in Boston and Rhode Island, McAllister told the Herald he was "intelligent, loyal and the best fiancé a woman could ask for."

Their wedding was called off, but there was clearly no shortage of promise.

Then it was revealed Markoff hid 16 pairs of underwear under the bed they shared — mementos,

police said, from the victims. Those were found along with a gun, believed to be the one used to kill Brisman, and about 60 pairs of flex-cuff restraints.

The gushing statements dwindled.

A strange thing happens

## On the web

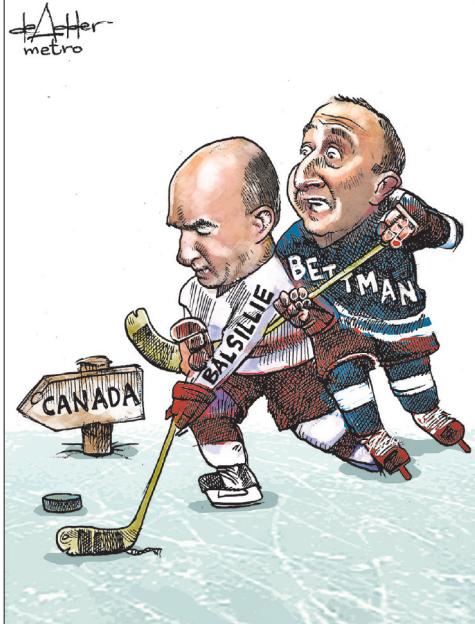
- For more views on relating, go to Love Bytes at metronews.ca/blogs

to a mind when it is jolted awake from a long slumber of lies. For some frenzied period, it can render a person blind to scathing truth.

It is a self-defence mechanism, no doubt — one intended to keep a person from emotional obliteration — but yields more productive results after it fades and gives way to sound reasoning and common sense.

Two weeks after Markoff was charged with murder, McAllister's lawyer Robert Honecker Jr. announced that she is "moving on with her life," sans Markoff.

Andrea Woo is a Vancouver-based news and entertainment reporter. She won this column in a carnival dart game.



## Letters

## Skateboarding should be encouraged, not banned

Re: 800 students petition to end skateboard ban (April 29)

boarders must fight for their right to skate!

TARA O'REILLY, CALGARY

## Society may be missing online warning signs

Re: Moralists eye Craigslist (April 29)

I am former female skateboarder and I must say how deeply disappointed I am in the school board.

First of all, it is none of the board's business if a teen rides a skateboard to school. It's eco-friendly transportation and a form of exercise, which are two very important issues for kids.

Also, skateboarding may only have a small niche, but it is an important niche! The kids that skate tend to dislike team sports — high school fitness is all about team sports. Skaters then have their own community, their own sense of comradery! We have an opportunity here to make a difference in kids lives!

Craigslist founder Craig Newmark should not be the one with a lawsuit on his hands. As sad as it is that this happened to this poor girl, Newmark was not the one who murdered her, or told anyone to stalk her. If this classified ad had been in a newspaper, how do we know someone wouldn't have found her that way instead?

BRENDA MACDONALD, CALGARY

## Views

## Offering shelter from a violent storm

**Beverley Wybrow**

Violence against women remains a critical issue in Canada: It affects not only the safety, potential and equality of women across Canada, but also children and young people.

Though domestic homicides have declined by half over the last 30 years, there are still one to two women murdered every week, and that is only the tip of the iceberg: Every year in Canada, more than 100,000 women and children seek refuge in a shelter, at least one in five teens in Canada experience dating violence and up to 360,000 children in Canada witness violence in their home.

So what is the answer to

ending violence against women in Canada? At the Canadian Women's Foundation, we believe the answer is twofold: We must provide short- and long-term support to women and children who have already experienced abuse, so they can heal and rebuild their lives; and we must prevent it from happening in the first place by changing the attitudes and beliefs that lead to abusive behaviour.

The Canadian Women's Foundation funds initiatives in shelters and community organizations across Canada that work along the full continuum of ending violence against women: This includes teaching young people about healthy relationships, personal boundaries and mutual respect; providing shelter to women fleeing abuse; counselling children who have wit-

nessed abuse to help them heal from the experience and prevent them from becoming victims or abusers themselves; and rebuilding the lives of women and their children after they have experienced violence.

What can you do to help? Support Shelter from the Storm, Canada's largest national campaign dedicated to ending violence against women.

## How you can help

- Donate online at shelterfromthestorm.ca or in-person at any Winners, HomeSense or BMO Bank of Montreal branch.
- Purchase a limited-edition Shelter from the Storm T-shirt (\$12.99), teddy bear (\$12.99) or reusable tote with lunch bag (\$4.99) at Winners or HomeSense. Net proceeds
- will be donated to the campaign.
- "Shop 'til it Stops" today: A percentage of every purchase made at Winners and HomeSense today will be donated to Shelter from the Storm.
- Listen to the Shelter from the Storm radio-athon today between 6 a.m. and 6 p.m. on participating radio stations.

Funds raised will support more than 450 shelters for abused women across Canada, long-term support services that help women and children rebuild their lives after abuse, and violence prevention programs that are breaking the cycle of abuse.

Beverley Wybrow is the president and CEO of the Canadian Women's Foundation, which is dedicated to improving the lives of women and girls in Canada. For more, visit canadianwomen.org.

## Metro Online Poll Results

51%  
SAID  
YES

Should Ottawa retaliate against the EU seal product ban?  
Weigh in on today's question at metronews.ca

49%  
SAID  
NO

It's your turn to tell others what you think. Send your thoughts and opinions to: calgaryletters@metronews.ca or Twitter: @metrocalgary

Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.



Legislation aimed at reversing a three-year-old ban on Americans placing online bets was introduced yesterday by U.S. House Financial Services Committee chairman Barney Frank. The act would establish a federal regulatory and enforcement framework for online gaming. **REUTERS**

# Business

## Service Directory

To advertise contact Blaine Schlechter at 403-444-0136

PSYCHIC

**Mystic Eye Spiritual Readings**  
**47 YEARS EXPERIENCE**  
 100% Guaranteed Results  
 • Palm • Tarot • Crystal Ball • Energy Readings • *Come in today for a better tomorrow*  
**PH: (403) 228-2258**  
 By Appointment Only  
*Solve all Problems of Life*

**STAPHA—AFRICAN PSYCHIC**  
 Reuniting Loved Ones • Stopping Divorce  
 Removing Bad Spirits • Success in Business  
 Healing Protection  
**RESULTS GUARANTEED**  
**403-802-0367**

FINANCIAL

**\$500\$ loan service**  
 by phone, no credit refused, quick and easy, payable over 3, 6, or 12 installments.  
 Call toll free:  
**1-877-776-1660**

## Career Finder

To advertise contact Cherrie Crisostomo at t: 403-539-4952 or e: cherrie.crisostomo@metroneWS.ca

## TAKE A VIDEO BREAK

Visit metroneWS.ca to watch **metrotube** of the day  
 The video everyone's talking about.

## Melrose Cafe & Bar

CHINESE FUSION SPECIALTY COOK WANTED

Full time position starting as soon as possible. Experience cooking Asian food required. \$13/hour. E-mail resume and cover letter to chris@melrosecalgary.com.

Havinski Enterprises operating as **Tim Hortons**  
**NOW HIRING!**  
 (F/T & P/T) Positions Available  
 Food Counter Attendant F/T - \$10.49/hr & P/T - \$9.00  
 Supervisor - \$13.00/hr  
 Baker - \$10.49/hr  
 APPLY IN PERSON AT:  
 3955-17 Ave SW & 401-9 Ave SW



Have fun making money as an actor or movie extra on Calgary films.  
 Contact Karly 403-521-0077

**CHRISTIE FILM STUDIO INC.**

EDITOR: FERMIN.DESOUZA@METRONEWS.CA



## TSX hits 10,000 mark

Optimism fuels highest close since November

Toronto's main stock index shot past 10,000 points to its highest close in six months yesterday as resource and financial issues led a rally fuelled by optimism that the global economy is stabilizing.

Aiding the sentiment was stronger-than-expected economic data from Canada and the United States, particularly a private-sector U.S. employment report that showed job losses slowed dramatically last month.

The S&P/TSX composite index finished up 262.71 points, or 2.7 per cent, at 10,143.43.

**"It's very important because investors use nice round numbers like 10,000 as benchmarks on where the market is."**

Kate Warne, strategist

Seven of the index's 10 main sectors rose. The energy and materials groups climbed 4.8 per cent and 2.9 per cent respectively, while the financial group gained 3.1 per cent.

Those sectors make up

nearly three-quarters of the index's weighting, and helped push the market to its highest intraday level since Nov. 5, and its highest close since Nov. 4.

"I think, psychologically, it's very important because investors use nice round numbers like 10,000 as benchmarks on where the market is," said Kate Warne, Canadian market strategist at Edward Jones.

However, Warne is wary of calling the end of the market downturn.

"Nobody knows, ever, what the market is going to do short-term," she added.

REUTERS

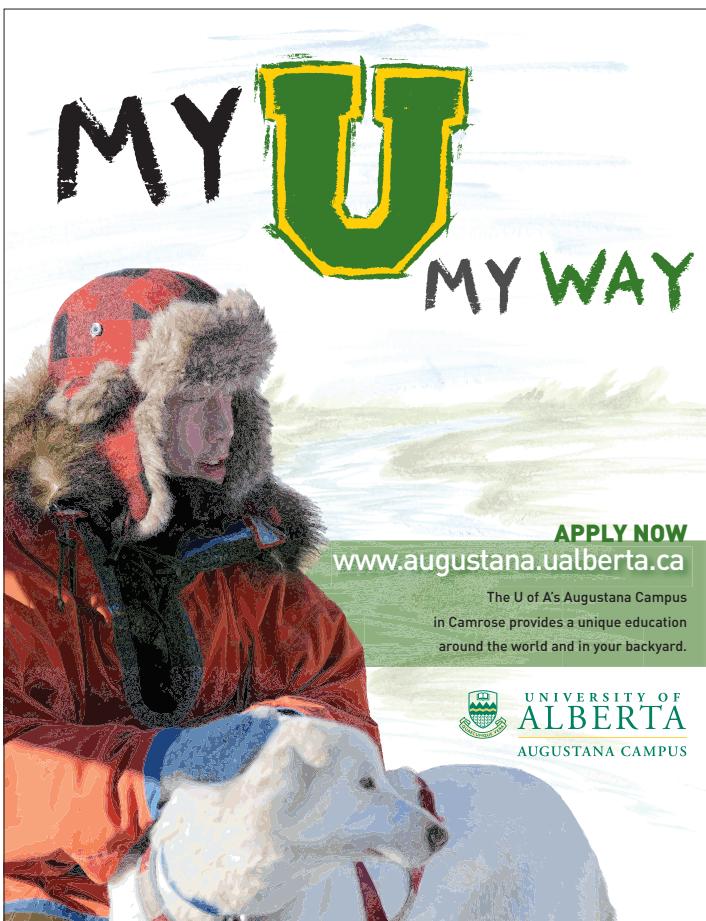
## Business in brief

**RETAIL** Wal-Mart agreed to improve its post-Thanksgiving Day crowd control as a condition of avoiding criminal prosecution in the death of a security

guard in a stampede at a Long Island store.

**ENERGY** Oil major Shell said yesterday it has formally withdrawn a three-year plan for energy exploration in Alaska's Beaufort Sea after it was stymied by environmental litigation.

REUTERS



**MY WAY**

APPLY NOW  
[www.augustana.ualberta.ca](http://www.augustana.ualberta.ca)

The U of A's Augustana Campus in Camrose provides a unique education around the world and in your backyard.

**UNIVERSITY OF ALBERTA**  
 AUGUSTANA CAMPUS

8710 84 Street, Edmonton, AB T6C 2G9  
 780.492.4000 | [www.ualberta.ca](http://www.ualberta.ca)

Building, purchasing data beat expectations

**REPORTS** Canadian building permit and purchasing managers data came in much stronger than expected yesterday, boosting the currency and hopes the country's economic slide could be slowing.

Economists and political leaders called the data encouraging, but also warned investors shouldn't presume a much-hoped-for economic rebound is necessarily under way.

"This is a good sign but we have to keep working very, very hard to make sure that any signs of recovery take," federal Industry Minister Tony Clement told reporters.

A report showed the value of building permits surged by 23.5 per cent in March from February after five months of declines.

It was the largest month-on-month increase since the 28.7 per cent gain recorded in March 2007.

Another sign the economy is improving was the release of the Ivey Purchasing Managers Index, which rose to 53.7 in April from 43.2 in March.

A reading of 50 indicates that activity remained flat from the preceding month, while a higher reading indicates an increase and a lower reading reflects a slowing or decrease.

REUTERS

Bell to offer Palm Pre smartphone

**WIRELESS** Palm Inc. said yesterday that Bell Mobility would start selling its upcoming Pre smartphone in the second half of this year.

Bell is the second carrier after Sprint Nextel Corp. to announce that it would sell Pre, which is seen as Palm's best bet to recoup market share lost to rivals like Apple Inc.'s iPhone.

UBS analyst Maynard Um said the news was reassuring for Palm investors, who had been anxious to hear of additional carrier distributors for Pre.

REUTERS

**Hitmen not out yet**

The Calgary Hitmen avoided elimination in the Western Hockey League final by beating the Kelowna Rockets 6-2 last night. The Rockets lead the series 3-1. METRO NEWS SERVICES

# Sports

EDITOR: JOHN.CHICK@METRONEWS.CA

## OT fun for Pens, Canes

**Stanley Cup  
2009 Playoffs**

Kris Letang's goal with 8:37 left in overtime lifted the Pittsburgh Penguins to a 3-2 win over the Washington Capitals in Game 3 of their Eastern Conference semifinal series in Pittsburgh.

Sidney Crosby won a right-circle draw back to Mark Eaton, who dished to Letang for a rocket one-timer at the point. The shot deflected off the inside of the leg of Caps defenceman Shaone Morrison, changed direction, and hit the net on the short side.

Letang also contributed a helper for the Penguins, who cut their deficit to 2-1 and have a chance even the best-of-seven matchup at home on Friday. Ruslan Fedotenko and Evgeni Malkin lit the lamp, and Marc-Andre Fleury needed just 21 saves

**3-2**

The final score of both overtime affairs last night.

for the victory. Alex Ovechkin picked up a goal and one assist while Nicklas Backstrom also scored for the Capitals.

**Hurricanes 3, Bruins 2 (OT)**

Jussi Jokinen scored 2:48 into the first overtime, his second game-winner of the playoffs, and Carolina gained a 2-1 series lead with a 3-2 triumph over Boston in Game 3 of this Eastern Conference semifinal bout

in Raleigh. Jokinen, who had just seven goals in 71 games during the regular season, notched his fifth of these playoffs and added an assist in quickly becoming a clutch postseason performer. Eric Staal collected his team-leading seventh goal and 10th point during the playoffs, logging the first power-play goal of this series in the process for Carolina, which is now a perfect 6-0 in the postseason when Staal scores.

METRO NEWS SERVICES

**NBA Playoffs Celts smoke Magic**


Boston's Eddie House and Stephon Marbury celebrate during a timeout against the Orlando Magic last night. The Celtics won 112-94 to square their Eastern Conference semifinal series at a game apiece. For a recap of Game 2 of the Rockets/Lakers series, visit [www.metronews.ca/sports](http://www.metronews.ca/sports).

**U.S. teams may cut ticket prices**

**ECONOMY** U.S. sports fans could see deeper cuts in ticket prices for their favorite teams, officials from the major sports leagues said yesterday, as the recession threatens attendance at costly new stadiums. Already, a number of top sports teams have begun to cut prices, with the New York Yankees last week announcing the organization would lower the cost of buying premium seats to help fill the shiny new \$1.5-billion US ballpark.

REUTERS

**ACCESS  
LEGAL  
RESEARCH INC.**

- CRIMINAL PARDON /U.S. WAIVER
- 24 HR CRIMINAL RECORD CHECK
- FINGERPRINTING
- LOW COST NO FAULT DIVORCE
- SMALL CLAIMS COURT TO 25K

**CALL  
403-228-2469**

## Home Phone Lines

### ✓ All FEATURES FREE!

Enhanced	Unlimited Canada	One-Rate
<b>\$14.95</b> /month	<b>\$19.95</b> /month	<b>\$29.95</b> /month
Unlimited Local Calling	Unlimited Calling Anywhere in Canada	Unlimited Calling Anywhere in Canada and USA

- ✓ Caller ID
- ✓ Voicemail
- ✓ Call Forwarding
- ✓ Call Waiting

- ✓ Keep Your Existing Phone Number
- ✓ Free Comwave to Comwave calls WORLDWIDE!



## LIMITED TIME OFFER

**6 MONTHS  
FREE!**

- SATISFACTION GUARANTEED!
- KEEP YOUR EXISTING PHONE NUMBER!

### LONG DISTANCE

LOWEST RATES TO EVERY COUNTRY IN THE WORLD... GUARANTEED!  
CALL TODAY AND LET US BEAT THE RATE YOU'RE CURRENTLY PAYING!!

 **403-451-5800**  
**comwave**®

[comwave.ca](http://comwave.ca)

Comwave will not rate match against charity or internet services, bundled minute plans or prepaid calling cards due to their inaccurate billing criteria. Home Phone Lines™ - VoIP 911 has certain limitations versus traditional 911. The rates are based on a 3 year term. 6 Months Free - You get 3 months free immediately upon activation of the service. Get an additional 3 months free if you transfer your existing Home Phone Line to Comwave within the first 3 months. Satisfaction Guaranteed. If you are not 100% satisfied, you may cancel your home phone service no questions asked. The option to keep your existing phone number may not be available in all areas.

Apartment hunting made easy  
**vertica.ca**

text APT INFO to  
23333 for more info\*

\*Carrier charges may apply.

VERTICA  
RESIDENT SERVICES

**Canadian Visa & Immigration Services**  
Immigration Consulting Group  
Offices at 6th St & 11th Ave. SW, Calgary By appointment only

If you are on a **WORK PERMIT**, you may qualify for a  
**PERMANENT RESIDENCE IN CANADA**

Also: Spouse & Family Sponsorships & Appeals  
Nanny & Live-in-Caregiver Applications  
PR Card & Citizenship Applications  
Refugee & Humanitarian & Compassionate Cases

**JAY CHAHAL, M.A., CCIC**  
CERTIFIED CANADIAN IMMIGRATION CONSULTANT (M055112)

403.827.3853 jay\_chahal@shaw.ca

Dial **10-10-925**

Save with  
**yak®**  
NOW ONLY  
**India 19¢ MIN.**

yak.ca

## CANADA OLYMPIC PARK Summer season PASS SALE



### PICK YOUR PASS

Now there's no excuse - we have a pass to fit any schedule!

	Summer Super Pass May-Sept.	Mid-Week Tues-Thurs. May-Sept.	Mud Bogger May/June	Heat Wave July/August	Leaf Burner September
Adult (18+)	\$ 199	\$ 99	\$ 79	\$ 149	\$ 99
Student/Youth (13-24)	\$ 169	\$ 79	\$ 59	\$ 129	\$ 79
Junior (5-12)	\$ 99	\$ 49	\$ 39	\$ 79	\$ 49
Family	\$ 349	\$ 179	\$ 129	\$ 269	\$ 169

CANADA  
OLYMPIC  
PARK

403.247.5452  
[www.winsportcanada.ca](http://www.winsportcanada.ca)

## metro 12 sports

metronews.ca

Thursday, May 7, 2009

Hilton out on bail

Former boxing champion Dave Hilton Jr. was freed on bail yesterday in Quebec after being arrested on charges of assaulting his girlfriend. METRO NEWS SERVICES

# Balsillie vs. Bettman, again

NHL commissioner Gary Bettman and Jim Balsillie appear to be heading for another showdown over the BlackBerry billionaire's brash attempt to purchase the cash-strapped Phoenix Coyotes.

A day after the Coyotes filed bankruptcy papers and Balsillie tabled a \$212.5-million US offer to buy the struggling franchise and move it to Southern Ontario, Bettman was throwing up roadblocks.

Speaking on a panel on The Future of Sports, hosted by the Wall Street Journal, Bettman said he doubted Balsillie would gain approval from league owners to purchase the team, and that the league planned to keep the floundering franchise in Phoenix.

"We generally avoid relocating a franchise unless you absolutely have to. When a franchise is in trouble you try to fix the problems. That's what we did in Pittsburgh and Ottawa and Buffalo."

"We fix the problems,

### Another team Where, exactly?

- Hamilton Mayor Fred Eisenberger said his city was prepared to do whatever it could to try to land an NHL team in light of a \$212.5-million US offer by Research in Motion tycoon Jim Balsillie to buy the bankrupt Phoenix Coyotes if he can move them to Southern Ontario. The league has historically opposed adding another team to Southern Ontario, given Hamilton's proximity to both Toronto and Buffalo.

METRO NEWS SERVICES

we don't run out on cities."

It marks the third time Balsillie and Bettman have clashed over the Research in Motion chief's efforts to acquire an NHL franchise.

Balsillie has made attempts to

"This is not about whether or not we want a franchise in Southern Ontario. This is about the league rules."

Gary Bettman

purchase the Pittsburgh Penguins and then the Nashville Predators, but saw the latter deal scuttled when it became clear he planned to

move the Predators to Hamilton and brazenly started selling

The number of people who had registered season ticket packages, a

move that incurred Bettman's wrath.

Bettman.

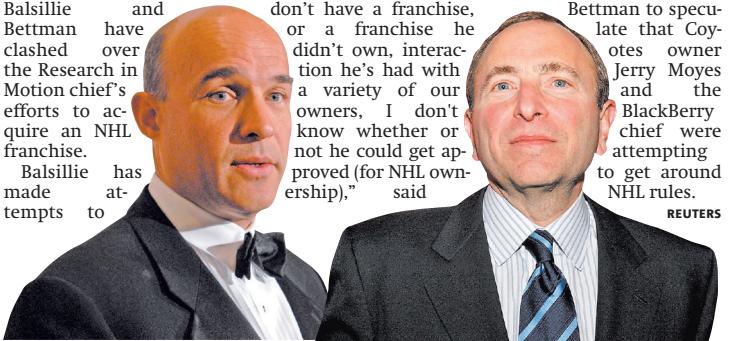
"This is not about whether or not we want a franchise in southern Ontario. This is about the league rules."

The Phoenix Coyotes filed for Chapter 11 bankruptcy protection in federal bankruptcy court in Arizona on Tuesday.

The bankruptcy filing included a proposed sale of the franchise to Balsillie, leading Bettman to speculate that Coyotes owner Jerry Moyes and the BlackBerry chief were attempting to get around NHL rules.

REUTERS

**55,000**



## Searching for a Career in Criminal Justice?

Our graduates have what it takes to work for:

Calgary Police Service Animal & Bylaw Services  
Canada Border Services Alberta Correction  
Alberta Sheriff's Department Private Security  
Plus many more



- Learn from internationally recognized experts
- Theoretical and hands-on learning (fingerprinting, interviewing, crime scene investigation, etc.)

Part-time & full-time classes are available!

Complete a 2 year **Diploma** in only 1 year

Investigate your future by calling: (403) 235-9300

Website: [www.columbia.ab.ca](http://www.columbia.ab.ca) / Toll-free: 1-888-235-9370

FREE courses may be available to assist in meeting minimum requirements to enter the program.



1 in 2 Canadians can give blood, but only 1 in 60 do.

If you were the one in need, wouldn't you hope someone was donating for you?

Please call 1 888 2 DONATE ext.222 to book your appointment.  
You could save up to 3 lives.



Canadian Blood Services  
it's in you to give

For more information visit [www.blood.ca/give](http://www.blood.ca/give)

**BLOOD.CA WWW.BLOOD.CA**

1 888 2 DONATE

For the mom-to-be

Help the mom-to-be avoid the development of stretch marks with Mama Bee Belly Butter, \$19.99. METRO NEWS SERVICES



# Mother's Day GIFT GUIDE

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

## Gifts that pamper

JANINE FALCON  
for Metro Canada

This year, Mom has probably cut back on some of her must-haves, so Mother's Day is a good time to help out with love, yes?

Go luxe with a fancy lipstick such as **Guerlain's Rouge Jewel Lipstick** (\$48, Guerlain counters). Or maybe restock Mom's skin care — **Dermalogica Daily Microfoliant** (\$70), a gentle exfoliating powder and beauty-editor fave, is on a lot of better-budget-times wishlists. Or go natural with **Consonant Body Organic** soaps, body washes or lotions (from \$12, consonantbody.com).

Beauty kits make great gift cents these days. An **H2O+ Sea Salt Gift Set** brings the beach to the bathroom with Sea Salt body wash, foaming body polish and more (\$30, h2oplus.com). **CARGO's 7 in 7 kit** contains everything Mom needs to be gorgeous in seven minutes, from concealer/foundation to

lash treatment to gloss (\$59, Sephora). For new mothers, **Mama Mio's You're Amazing! New Mama Kit** includes a rich body cream, relaxing-scent candle and a wet temperature-regulating snuggle cap for baby (\$51, The Bay).

Help Mom become her own best makeup artist. **Physicians Formula Shimmer Strips** eye shadow palettes for blue, green, hazel and brown eyes come with how-tos for three looks from natural to dramatic (\$15.79, drugstores); the **Smashbox Beauty Guru palette** has blush, bronzer, four eye shadows and four lip colours, plus application instructions (\$54, Sephora).

Perfume is always a luxurious gift. Earth-friendly **Demeter Vintage Naturals** include Rosebush, Mimosa and Geranium scents and are made with natural essential oils and corn-based alcohol (\$68 each, Sephora). **Elizabeth Arden Pretty** is a youthful floral with fruity topnotes and a warm amber finish (\$63, department stores). **Marc Jacobs**

**Summer Splashes** in Rain, Cucumber and Lemon are light, sophisticated odors to warm-weather fun (\$80 each, Holt Renfrew).

Book Mom in for a **Kérastase salon treatment**, which involves a hair consultation, pro-administered shampoo, conditioner, texture-specific boosting treatment, and a bliss-out head massage. New this year is **Volumophore**, designed to add body to fine hair, and **Oléo Relax Slim**, which puts a lock on thick, dry, disobedient hair (about \$35; call 1-866-KERASTASE for salons).

Mom's tired hands and feet could use some TLC. "Reflexology is pressure-point massage on feet and hands which also releases body tension and stiffness," says Rose Husen, RMT and reflexologist at Concepts Salon & Spa (pricing varies between spas or independent therapists, but generally starts at about \$45 for 30 minutes).

Clockwise, from top:  
**Marc Jacobs**  
**Summer Splashes**,  
\$80 each;  
**Dermalogica Daily Microfoliant**, \$70;  
and **CARGO's 7 in 7 kit**, \$59.



## Celebrate Mom

Give Mom a Sears  
Gift Card this Mother's Day.

Available instore, online at [www.sears.ca/giftcard](http://www.sears.ca/giftcard) or by phone at 1 800 267 3277

Only redeemable in Canada.



A perfect gift with  
endless possibilities

It's always Mom's size, the right colour,  
and the right gift!  
With all that Sears  
has to offer, Mom  
can find something  
she really wants.

**Sears**

## 3 beauty products not to be missed

1 Ole Henriksen 3 Little Wonders Set, \$70 at Sephora.



2 Philosophy's Classic Fudge Cake Shower Gel, \$21 at Sephora.



3 Foot Beauty Treatment Cream by Clarins, \$37/125ml at all Clarins counters.



## Car Insurance Myth #2: Higher Rates Mean More Coverage.

### Truth:

By law, the basic terms and conditions for auto insurance policies in Alberta are identical, word for word. Drivers who pay more don't necessarily receive more coverage, value or perks.

In fact, the rates charged by different insurance companies to insure the same driver, with the same car, for the same coverage, can vary by hundreds and even thousands of dollars.

### We'll Tell You If You're Overpaying!

InsuranceHotline.com offers an independent, unbiased rate comparison from over 20 top insurance companies in Canada to find you the lowest rate for your profile and then connects you with a broker or agent to seal the deal. It's Fast, Safe and FREE.

### What Are You Waiting For?

There are thousands of people just like you who are saving hundreds to thousands of dollars everyday on their car insurance using InsuranceHotline.com. So, if you're keen to save big on car insurance, why not give InsuranceHotline.com a try?

**InsuranceHotline.com**  
Your Search Engine for the  
Lowest Insurance Rates

For the 3 lowest rates from over 20 major insurance companies, go online to [InsuranceHotline.com](http://InsuranceHotline.com)

## 14 mother's day gift guide

**BEFORE**

Specializing in Micro Pigmentation - Permanent Cosmetics

Eye Brows, Eye Liner, Lip Liner, Full Lips

We're also experts in Skin Treatments and Rejuvenations, Skin Removals - Age Spots, Freckles, Moles, Spa Pedicure, Manicure, Reflexology, Ear Candling

**AFTER**

Angel Beauty Clinic Your Beauty in Our Services

book an appointment 288-1002  
Bay 37, 3616 - 52 Ave. N.W. www.angelbeautyclinic.ca

**Mother's Day**

Make your mom's Mother's Day special.

Treat that special someone to a gift of a clean home.

www.calgarymagicmaid.com  
Ph: 403.266.0121

**Magic Maid**

**Il Giardino Ristorante**

The Ultimate in Italian Food & Fun

**Mother's Day – May 10th**

Featuring 5 course dinner specials  
**RESERVE YOUR TABLE TODAY!**

344 - 17th Ave SW | 403.541.0088 | fax: 403.541.0042  
ilgiardino@telus.net | www.ilgiardinoristorante.ca

(Mother's Day) Sunday May 10, 2009 7:00 pm Artevo Gallery  
(Artists of the World Gallery - 514, 11th Ave. S.W.)

A special concert for a special occasion - An evening to relax & renew

Experience classical music & inspiring art in a casual setting, while feasting on a decadent chocolate buffet with a glass of champagne

EVENING PROGRAMME:  
JENKINS - PALLADIO  
HANDEL - CONCERTO FOR HARP IN B FLAT, OP. 4, NO. 6  
RESPIGHI - ANCIENT AIRS AND DANCES NO. 3  
MENDELSSOHN - SINFONIA NO. 8 IN D MAJOR  
CONDUCTOR: ADAM KUZIK  
HARP: TISHA MURVILL

**URBAN VILLAGE**  
CHAMBER ORCHESTRA

MUSIC TO THE CORE

This is a \*18 Event (Free Parking Available) Tickets: \$32 Students and Seniors \$25  
Call Amanda 403-605-4023 or reserve online at [www.uvc.ca](http://www.uvc.ca). Tickets also available at the door.

Presented by



Patent clutch with buckles, by MICHAEL Michael Kors, \$225. Also available in white. Call 1-866-733-5677 for more. METRO NEWS SERVICES

# Colour her world



### #1 Frugal fashionista

Visit: [winners.ca](http://winners.ca)  
This drawstring handbag is available at Winners for \$39.99.

### #2 In the bag

Visit: [airmiles.ca](http://airmiles.ca)  
Dooney & Bourke chiara bag, 3,200 Air Miles (or 2,550 Air Miles + \$93.99).

### #3 Bright and cheery

Visit: [homesense.ca](http://homesense.ca)  
This colourful apron is available for \$7.99 at HomeSense.

### #5 Summer fashion

Visit: [gapcanada.com](http://gapcanada.com)  
Strapless cotton bauble dress in coral by Gap, \$74.50.

### #6 The perfect accessory

Visit: [lauracanada.com](http://lauracanada.com)  
Phone: 1-877-973-6090  
Yellow, fuchsia and green bangles, \$16 each.

### #7 Purple power

Visit: [reitmans.com](http://reitmans.com)  
Help her accessorize with this purple bangle by Reitmans, \$16.

### #4 For a good cause

Visit: [joe.ca](http://joe.ca)  
Rethink Breast Cancer Fashion Targets Breast Cancer T-shirt, \$12.

### #8 Sentimental silver

Visit: [wheredidyougetthat.ca](http://wheredidyougetthat.ca)  
Custom-stamped Sentiment Ring in sterling silver, \$75 to \$175.

**GIVE MOM A BREAK**  
ON ALL MATRIX LITRES

\$19.99 each

gift cards available

LOWEST RETAIL PRICES GUARANTEED

**BOGO**  
BUY ONE GET ONE 50% OFF

On all regular price Sexy Hair product  
\*50% off item of equal or lesser value  
\*\*Excludes promotional pricing. Details in store

**sexyhair.**

Exclusively at

**CHATTERS**  
HAIR | BEAUTY | SALON

Market Mall 403-288-2583  
McKenzie Towne 403-257-7559  
Chinook Centre 403-252-9805  
Beacon Hill 403-295-3312  
Signal Hill 403-685-0500

OPEN 7 DAYS A WEEK

[www.chatters.ca](http://www.chatters.ca)

We've changed our look

# CALGARY CELEBRATES WORLD FAIR TRADE DAY

On Saturday May 9th, organizations around the globe will celebrate World Fair Trade Day by drawing attention to those who have helped make Fair Trade what it is today - an effective model for economic and environmental transformation.

World Fair Trade Day events will take place in over 70 countries, including Canada. Ten Thousand Villages, Canada's oldest and largest Fair Trade organization, is one place where you will be sure to find Fair Trade Day celebrations. The store on Crowchild Trail N.W., for example, will be welcoming customers with live entertainment, product samplings, special discounts, gifts, prizes and more.

Ten Thousand Villages is a volunteer based non-profit store where every item is fairly traded. This means that producers in the developing world are paid fair wages and work in safe, eco-friendly conditions. The impact that individual consumers can make on poverty is

real. As a sustainable model for change, Fair Trade provides a viable way for being part of the positive change we want to see in the world.

Just in time for the Fair Trade celebrations, a new *Simply Summer* line has arrived at Ten Thousand Villages. Hot new colours and unique, recycled materials are featured in a collection for the home, garden and patio. New garden lanterns, candle holders, planters, and even a lemonade set made from recycled glass

are perfect for the summertime back yard. And since Mother's Day is this weekend as well, the new bronze finish sculptures of

developing countries. For example, the new mother and child sculptures are produced by a cooperative in India called Noah's Ark. This group also produces art pieces made from recycled bicycle chain. At the cooperative, 300 artisans work together. Most are women who can work from home while still maintaining responsibilities of children and household. The co-op group provides free nutrition, medical services and basic education to artisans and their families. A purchase of their

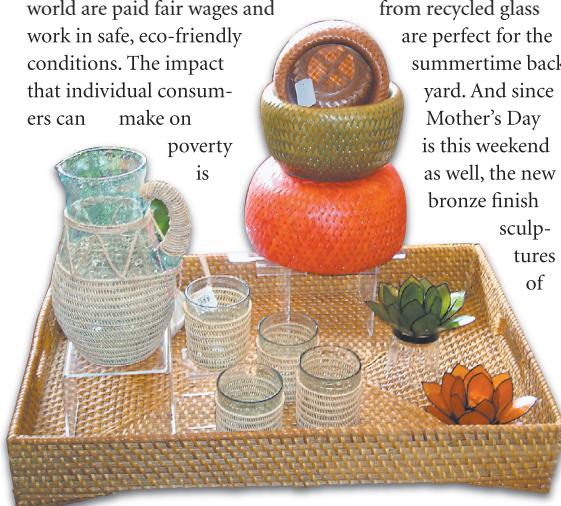
Mother and Child are a great way to celebrate two special days together! Every product at Ten Thousand Villages is made by one of over 130 artisan groups in 36

countries. For example, the new mother and child sculptures are produced by a cooperative in India called Noah's Ark. This group also produces art pieces made from recycled



mother's day sculpture would thrill a mom here in Canada and help mothers in India to live with dignity.

Each item in the store comes from an artisan group with a similar story of justice and dignity behind it. That means 130 wonderful reasons to celebrate World Fair Trade this Saturday, May 9.



**Featured items:**  
 (Top) Mother & Child Sculpture, India, \$60. (Left) Pitcher from recycled glass and palm fibre, Bangladesh, \$25. Set of 4 glasses, \$20. Capiz shell tealight holders, Philippines, \$25. Set of three summer colour baskets, Vietnam, \$24. (Right) Photo frames from recycled bicycle chain, India, \$34. (Below) Djembe drums, Burkina Faso, \$400 and \$240.



## SATURDAY, MAY 9, 10 AM - 5 PM

Come enjoy Fair Trade Day with refreshments, food sampling, and entertainment. The Raging Grannies will be performing at 12 noon. Receive a free gift with purchase and enter to win free prizes. This is our biggest international Fair Trade event of the year. Come Celebrate!

FAIR TRADE SINCE 1946



TEN THOUSAND  
VILLAGES®

220 Crowchild Trail, NW, Calgary, AB  
Phone: 403-270-0631 Fax: 403-270-0205  
[www.tenthousandvillages.ca](http://www.tenthousandvillages.ca)

Store Hours

Mon - Wed & Fri - Sat. 10 AM to 5:30 PM  
Thursday 10 AM to 8 PM, CLOSED Sunday

List your house for **SALE**,  
and **RENT** at the same time!  
Call today for a complimentary consultation!

Christopher Kellett, Licensed Realtor  
chris@serlox.com • 403-990-9297

POWER  
PROPERTIES

**SERLOX Consulting**

Real Estate Marketing 403-990-9297 • www.serlox.com

## 100% FINANCING IN EVERGREEN

\$310,000

5-year rate 4.25%, payments \$1,412/month

One Alberta regulated lender is still offering 100% financing at discounted mortgage rates.



Layne Walters, Your Mortgage Team

Call for pre-approval 403-466-5363

Strong credit & income required. Rates subject to change. O.A.C.E. & O.E.

403.466.5363 • layne@YourMortgageTeam.ca

## Good Fences make Great Neighbors



**The Fence Store**

2919 - 49th Ave SE, 240-4269

**thefencestore.ca**

Visit our indoor & outdoor showroom

## Apartment Finder

To advertise contact Warren Smith at 403-539-4948

**realstar management**

RENT NOW AND CHOOSE YOUR \$300 INCENTIVE!

**CALGARY PLACE APTS.**  
609 8TH STREET

1 & 2 bdrm suites, Gym, games room, 1 block to LRT, Utilities included, Close to all amenities & On site management

1-877-570-7025  
www.calgaryplace.com

**ROYAL VIEW APTS.**  
1320 16TH AVE. SW

Live in the Trendy Beltline, 1 & 2 bdrm suites, Gym, sundeck, 1 block to 17th Ave., Utilities included & On site management

1-877-572-1835  
www.royalviewapts.com

**GLENMORE HEIGHTS**  
620 67TH AVE. SW

1 & 2 bdrm suites, Gym, social room w/ full kitchen & library area, 1 blk to Chinook Center, Utilities included & On site management

1-877-617-9803  
glenmoreheights.com

**GLENMORE GARDENS**  
2105 90TH AVE SW

1 & 2 bdrm suites & T/H social room w/ full kitchen & sitting area, Indoor pool & sauna, Close to all amenities & On site management

1-877-584-2285  
glenmoregardens.com

**Effective and cost effective.**

To advertise in Metro's Apartment Finder,  
call Warren today! 403-539-4948

metro  
**16**

metronews.ca

Thursday, May 7, 2009

President's Choice has revisited its previous best-selling Lion Fountain in a rich bronze colour, perfect for the socialite and only \$119.99. This product, and many more, are available at Superstores across Canada. METRO NEWS SERVICES

# Metro Homes

EDITOR: DOUGLAS DUNLOP, DOUGLAS.DUNLOP@METRONEWS.CA

## Tackling the raccoons

### HomeScape



metronews.ca/homescape

I have a problem convincing anybody that I'm the boss around here. As if it wasn't bad enough with my pubescent children challenging my hegemony daily, the neighbourhood raccoons have decided to up the ante.

Clapping, hissing, or stamping of feet was traditionally sufficient to give Rosie Raccoon and her brood the message, and send the little family scur-

rying. But this year it's different. The other night, it was I who was marooned on the sidewalk while a posse of raccoons stared me down from my own porch.

After I discovered that the usual routine made next to no impression in persuading them to leave, I wondered whether I would have to do a "bluff" charge, like a bear? As I contemplated my next course of action, they yawned (what a bore I was), and slowly and disinterestedly made their way up the eaves trough and lumbered leisurely across my neighbour's roof without a backward glance.

And now that the raccoons have got me pegged, the gang comes



Be sure to lock up your garbage.

back regularly with their buddies in tow. And they're all equally disrespectful.

The fault is ultimately mine, of course. I used to have a little shed to house my garbage, but it's been demolished as part of a landscaping plan, so my temporary garbage and composting solution is like a dinner bell to the

raccoons.

The raccoons are only doing what they need to do, but all the same, they're the guests from hell. They make a huge mess, plus they take their washroom breaks in your backyard. And this is no laughing matter since raccoon wastes can make people, particularly young children who play in the dirt or a backyard sandbox, ill.

Rule number one is make your garbage inaccessible to the raccoons. Put it in a shed and put a lock or good-quality closure on the shed door. Raccoons can be quite clever and can figure out pretty quickly how to open door closure systems.

At the very least, get a tight fitting lid or use bungee cords or latches, buckles or other attachments to secure the lid of garbage and compost containers tightly. Some also hang the compost on a hook a couple of inches above the ground to thwart raccoons who have discovered that knocking over a compost container can pop open the clasp.

And remember to take the garbage out to the curb with cords removed and buckles unfastened on the morning of pickup, not the night before.

Whatever obstacles you put in their way, raccoons can demonstrate some pretty determined behaviour. They can gnaw through plastic garbage cans to get at their dinner, and they won't leave until you make it clear that they will no longer be invited. You can be the boss, but let me assure you, those wily raccoons will make you work for it.

## IMMEDIATE POSSESSIONS



**STARTING AT \$249,900\***  
Payments start at \$980/mo\*

Visit Our Sales Center Today!

756 - 73rd Street SW - one block south of  
Old Banff Coach Road at the corner of  
73rd Street and West Springs Road

Phone: (403) 242-5868

Monday - Thursday: 4pm - 8pm

Closed Fridays

Saturday & Sunday: 12pm - 5pm

\*prices subject to change without notice, applicable taxes not included

Village at  
**West Springs**

visit us online at  
[www.westsprings.com](http://www.westsprings.com)

metro  
Do it daily.

Sylvia Putz is a journalist with an interest in decor and design. She's written for the TV show Arresting Design; sputz@arrestingdesign.com.

# **Z BE SMART. SAVE TWICE.**

## **INTRODUCING THE HSBC SMART SAVERS MORTGAGE™**

The **NEW** HSBC Smart Savers Mortgage lets your **savings** shrink the interest on your mortgage. Your savings save you money and you could be mortgage-free sooner.

The difference can be dramatic:  
**you could cut your mortgage interest in half!**  
With 50% of your mortgage balance in deposits linked to the mortgage\*, based on today's rate of 4.59% APR\*\* for a 5 year fixed closed term, you could enjoy **2.30% APR\*\* for the mortgage term.**

Visit your local branch or **HSBC.ca/smart** to learn how HSBC smart mortgage thinking can work for you.

**HSBC** 

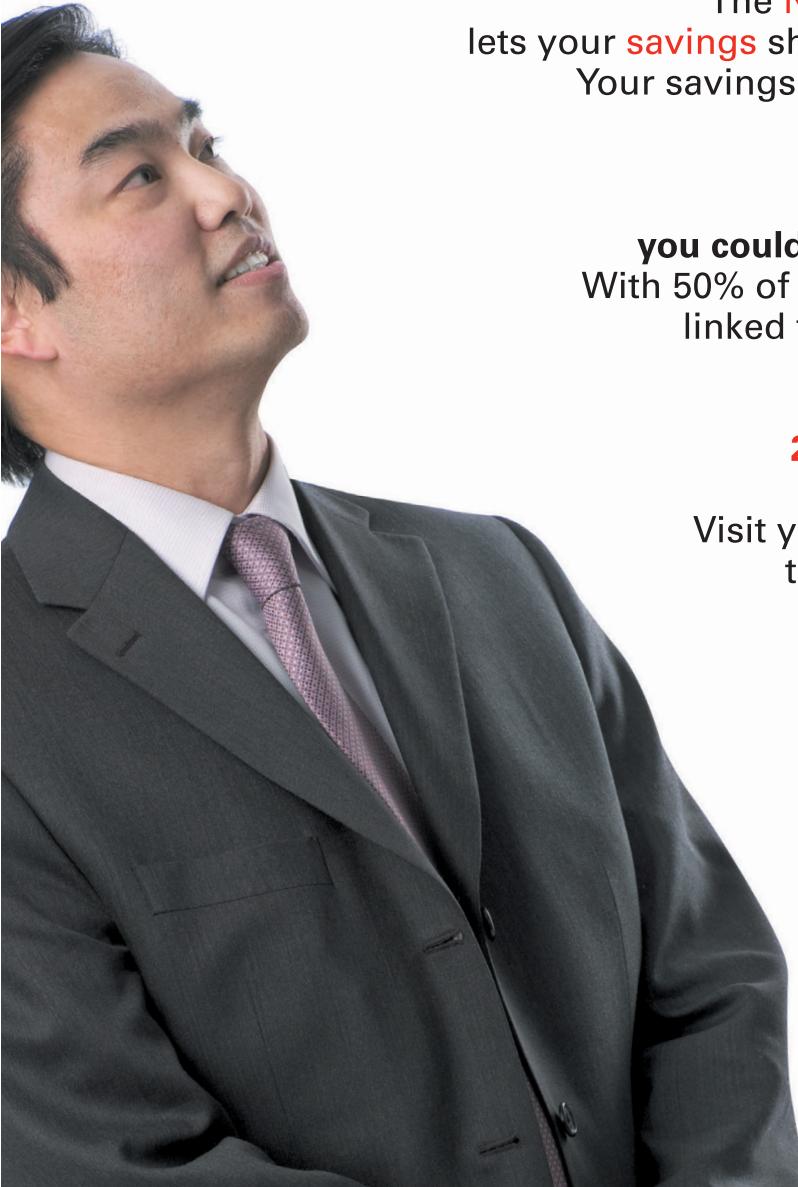
**The world's local bank**

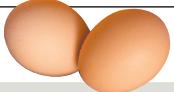
Issued by HSBC Bank Canada

\*HSBC Smart Savers Mortgage is a trademark of HSBC Holdings plc, used under license by HSBC Bank Canada.

Terms and conditions apply. Interest rates are expressed on a per annum basis and are subject to change without notice. These offers are valid for Personal customers only. For full details on terms and conditions, and to confirm the most recent rates, visit your local HSBC branch or [hsbc.ca/smart](http://hsbc.ca/smart) \*Up to 8 deposit accounts can be linked to your HSBC Smart Savers Mortgage. The maximum Average Deposit Balance that will be applied against your Mortgage Balance each month to calculate your interest rate is the equivalent of 50% of your outstanding Mortgage Balance.

\*\* APR (Annual Percentage Rate) calculation assumes no fees will be charged.





# Food

**Look for small- to medium-sized lemons. They have a thinner skin and are juicier than large ones. Choose plump and brightly coloured lemons that are heavy for their size.**



## Pass on green

Avoid lemons tinted with green as they will be tart with less flavour.

BARB HOLLAND/FOR METRO CANADA

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONEWS.CA

## Lemon sunshine for Mom

### À la carte

**Barb Holland**

metronews.ca/alacarte

**Not all desserts have to be rich. Inspire your family and treat mom this Mother's Day with a light, luscious, healthy dessert. This baked lemon pudding is just one recipe from a new booklet from the Egg Farmers of Canada. More recipes are available at eggs.ab.ca.**

### Lemon Pudding Paradise

Lemon is one of my favourite flavours when it comes to desserts — light and refreshing for a per-

fect ending to a meal. This pudding cake (a light cake on top of a lemony custard) can be served warm or cold, so it can be made ahead. Makes 4 servings.

#### INGREDIENTS:

- 3 eggs, separated
- 1/2 cup (125 ml) sugar
- 1/3 cup (75 ml) all-purpose flour
- Pinch salt
- 2 tsp (10 ml) grated lemon zest
- 1/4 cup (60 ml) fresh lemon juice (2 lemons)
- 1 tbsp (15 ml) butter, melted
- 3/4 cup (175 ml) milk
- Icing sugar, optional

#### METHOD:

Preheat oven to 350°F (180°C). Butter a 4 cup (1 L) baking dish.

Beat egg whites in a



Treat your mom with a light lemon pudding.

large bowl until stiff but not dry.

In a separate bowl, stir together sugar, flour and salt. Whisk in lemon zest, lemon juice, butter, milk and egg yolks. Gently fold whipped whites into lemon mixture. Pour into baking dish. Place baking dish in a shallow pan of hot water so that the water

rises 1 inch (2.5 cm) up the sides of the baking dish. Bake until top is lightly browned, about 30 to 40 minutes. Serve warm or cold.

Serve with a dusting of icing sugar, if desired..

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

### Liquid Assets

**Peter Rockwell**

metronews.ca/liquidassets

### Chile chillin'

just got back from South America and boy is my palate tired. Two weeks of sniffing and spitting some of the best liquid Chilean and Argentinean wine makers can muster certainly takes its toll.

Of the two countries, Chile offered the most surprises. Long considered an excellent wine producer, many consumers are still unaware of the value that can be had if they just drink past the bulk.



Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.

The wines from Santa Rita and Carmen are great examples that over-deliver in the glass. Located next door to each other the sister wineries are two of the Maipo Valley's best. Their beef-friendly 2005 Medalla Real Cabernet Sauvignon (\$19.95 - \$25.99) was a standout. Cabernet is Chile's flagship grape and this version is layered with earthy black fruit, ripe tannins and sweet vanilla oak.

For a match with fresh white fish (a Chilean favourite) try Carmen's 2008 Sauvignon Blanc (\$10.90 - \$13.99). Clean, crisp and lightly fruity, it's representative of the modern personality that is becoming the hallmark of Chilean wines.

Prices reflect the range across the country. Some products may not be available in all provinces.

# JUGO JUICE®

{ A TASTE OF THE EXOTIC }

NEW!

GRILLED CHICKEN BREAST, MADRAS CURRY SAUCE,

GREEN PEPPER, RED PEPPER & RED ONION

## MADRAS CURRY CHICKEN WRAP

ONLY 5.5 GRAMS OF FAT!

\*AVAILABLE AT PARTICIPATING CALGARY JUGO JUICE LOCATIONS FOR A LIMITED TIME.

jugojuice.com

**Pardon me — it means what?**

For a taste of Mexican history, dip into some Guacamole. This classic dish dates all the way back to the Aztecs and the name is derived from the Aztec word *ahuacatl*, meaning avocado or testicle (a reference to the fruit's suggestive shape), and the word *mollí*, meaning sauce. **TORSTAR NEWS SERVICE**



# The simple life

**LunchRush**
**Carla Ciccone**


metronews.ca/lunchrush

**Farm**  
**1006 17 Avenue SW**  
**403-245-2276**
**Hours of operation:** 11:30 a.m. to 2 p.m., 2 p.m. to 5 p.m., 5 p.m. to close

**Rating:**
**Price range:** \$\$

**Reservations:** Yes

**Client negotiations:** No

**Lunch w/co-workers:** Yes

**Social Lunch:** Yes

**Quick solo lunch:** No

**Time in:** 12:30 p.m.

**Ordered:** 12:50 p.m.

**Food arrived:** 1:05 p.m.

**Time out:** 1:40 p.m.

**Total time:** 1 hour, 10 minutes

**Low \$:** House root slaw, \$3

**High \$:** Large Mac and Cheese, \$13

**Lunch menu:** Same as dinner menu, specials

**Licensed:** Yes

Farm. The name evokes images of an earthy, down home ode to the simple life. The restaurant is not quite so, but not too far from that either. Owned by Janice Beaton, whose cheeses are well known in Calgary as some of the most meticulously sourced and unique in the city, the dishes at Farm incorporate fresh local ingredients.

My friend Megan and I are seated at the bar area of the busy little restaurant, where we have a great view of the cooks working away in the kitchen. We start by ordering off of their cheese and meat menu — three selections for \$15. We choose a gouda, a stilton and the prosciutto (from Valballa, in Alberta). The blue cheese was delicious, but the prosciutto basically tasted like smoked Canadian ham without any Italian flavour.

I was also disappointed that most of the cheese selections on the list were from either Canada or Holland, especially since the Janice Beaton cheese shop imports cheeses from all



A dish at Farm.

over Europe and the world.

For my main, I ordered the JBFC's famous goat fritter salad (\$12) which came with young spinach, shaved fennel and local beets.

While the dish was colourful, it was also assaulting to the palate and the dressing's fennel and garlic combination was overpowering. The "fritter" was a goat cheese patty covered with breadcrumbs, and did not do much to compliment the dish. Megan went with the salad that was on special that day, which had a mild yogurt-based dressing, and was much happier with her selection.

The atmosphere is comfy, eclectic and inviting, and Farm's French press coffee is delicious.

## French food made elegantly easy

**COOKBOOK** Laura Calder, host of Food Network Canada's French Food at Home, is determined to show that French food can be far easier and lighter than its reputation as a rich, complicated cuisine.

Metro got a hold of this wonderfully simple recipe from her book French Taste (HarperCollins Canada) that delights the eyes as much as the palate.

(Taken from French Taste © 2009 by Laura Calder. Published by HarperCollins Publishers Ltd. All rights reserved.)

### Accordion Potatoes

A woman I once cooked with in the south of France taught me this method for potatoes, and I still love to make them when I'm in the mood for a little fun. All you do is slice potatoes, without cutting through all the way, so that the slices remain hinged at the bottom. When the potatoes bake, the slices get crisp and golden, fanning



Accordion Potatoes from French Taste by Laura Calder.

out slightly like leaves in a book, like a jewelry box for rings, like the folds of a gypsy's accordion ... However you want to think of them, they're awfully cute. Makes 4 servings.

### INGREDIENTS:

- 2 pounds (900 g) medium-small potatoes, such as Yukon Gold or red potatoes
- Bay leaves and thyme sprigs
- Salt and pepper
- 2 tablespoons (30 ml) olive oil
- 2 tablespoons (30 ml) melted butter

### METHOD:

Heat the oven to 375°F (190°C). Cut the potatoes crosswise, as for hard-cooked eggs, into slices no thicker than your finger, but cut only about three-quarters of the way through.

Lay the herbs between a few of the folds. Arrange the potatoes on a baking sheet, and season with salt and pepper. Drizzle with oil and melted butter, and bake until golden and crisp on the outside and soft inside, 45 minutes to an hour.

# Shaw's home phone service. Prices so great you'll want to phone someone to tell them about it.

**\$20.95**  
FROM  
**DIGITAL PHONE BASIC**

It's easy to switch — we'll take care of everything and you keep your current phone number. You get great long distance rates, call display, free installation and service calls, plus the first month free.

Switch today, call 310-SHAW.

SHAW DIGITAL PHONE

**SHAW**  
PEOPLE POWERED

**Check out the best of Paris—designers, shops, bistros and more—only in our May issue!**



EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA



Linden Leaves  
Aromatherapy  
Synergy Body  
Oil in Love  
Again (\$39.80)

## ESSENTIAL ELEMENTS

How do you choose the right aromatherapy blend? Go for products that contain pure, plant-based (not synthetic) essential oils, says Danielle Sade, founder of the Healing Fragrances School of Aromatic Sciences. Sprinkle 10 drops of oil in a bath or an essential-oil diffuser. Here's your guide to the most popular uses.

- Need to focus? Lemon and grapefruit will help **improve mental alertness**. • Turn a **stressful day more Zen** with calming lavender, neroli or ylang-ylang.

MOTHER'S DAY IS SUNDAY, MAY 10

*Thank you*  
**MOM**  
FOR TAKING ME PLACES



**\$50 EACH**  
**TODAY ONLY**  
THURSDAY, MAY 7

CHOOSE ANY 19" OR 21" CARRY ON  
BY AIR CANADA, SKYWAY, EDDIE BAUER, DELSEY,  
DOCKERS, VIA RAIL, RICARDO DE BEVERLY HILLS, SWISS BY WENGER,  
TOMMY HILFINGER, SWISS GEAR OR MCBRINE PINK RIBBON

REG. \$100 TO \$280

EXCLUDES ALL ITEMS WITH 9 1/2 PRICE ENDINGS.

Shop early. Don't be disappointed. No rainchecks & no price adjustments.  
Offer available while quantities last.

Selection will vary by store. Savings are off our regular prices, unless otherwise specified.  
See in-store for details.

the  
Bay

## Star turn

Jill Hennessy enjoys the Lymelife in her first silver-screen breakout role

By LAURA DECARUFEL  
Senior Editor

Wearing ripped jeans and an *Indigo Girls* T-shirt, Jill Hennessy used to sit outside Toronto's Bathurst subway station with her guitar and a honey jar half-filled with loose change. "I did a lot of Tracy Chapman, Bob Dylan and Bruce Springsteen," she remembers with a laugh. "I didn't think that acting was going to pan out, to be honest. I'd think 'Who's gonna hire me?'"

Twenty years later, the answer is as clear as the steely-eyed gaze Hennessy adopted to such effect in her most popular TV roles: Claire Kincaid, the assistant DA, on *Law & Order*,

and Dr. Jordan Cavanaugh, a medical examiner with a talent for crime-solving, on *Crossing Jordan*.

Hennessy's latest star turn is in *Lymelife*, a movie about adultery, teenage angst and (yes) Lyme disease set in 1970s Long Island. Helmed by first-time director Derick Martini, it boasts an A-list pedigree: actors Alec Baldwin, Cynthia Nixon, Timothy Hutton, Emma Roberts and Kieran and Rory Culkin and executive producer Martin Scorsese.

"It was a huge responsibility and also a joy," she says of her role as the family matriarch. "Kieran and Rory [who play her sons] remind me of my family—I felt like I'd known them for ages." Her husband is played by Alec Baldwin, whom Hennessy calls "one of the funniest people alive."

Read more in the May issue of *ELLE Canada*!

### Editors' Pick

#### CRIMSON TIDE

A lipstick touch-up feels like a covert op with Rouge G de Guerlain. Designed by jeweller Lorenz Bäumer — whom Louis Vuitton also tapped to create baubles for its fall 2009 collection — the sleek *objet* hides a mirrored compact, and the formula boasts ruby powder and wild mango butter for amped-up shine and hydration.



Guerlain  
Rouge G de  
Guerlain in  
Grenade (\$48)

**Jon & Kate dad faces more accusations of affair**

In the new issue of Us Weekly, five people close to the situation — including two relatives of the other woman — confirm that Jon & Kate Plus 8 dad Jon Gosselin, 32, has been having an affair with third grade school teacher Deanna Hummel. [USMAGAZINE.COM](#)

# Entertainment



## Farrah's Story

Farrah Fawcett's cancer battle is to be the subject of a TV news special. Her two-year fight has been captured on video and now the footage will make up a two-hour special, called *Farrah's Story*. [FEMALEFIRST.CO.UK](#)

EDITOR: DEAN.LISK@METRONEWS.CA

### MusicReviews

music@metroneWS.ca

#### Ben Harper and Relentless7

**Album:** White Lies for Dark Times Label: Virgin/EMI

**Rating:**

#### GUITARIST BEN HARPER

finds fresh approaches to his rootsy electric explorations with the help of a new band, a bass, guitar and drums trio he's dubbed Relentless7. Harper gives us 11 original tracks that showcase his delicate guitar work and pleading vocal style. Despite the bleak lyrical passages, there is an upbeat underpinning to the tracks that owes as much to the Celtic funk influences of Richard Thompson and John Martyn as it does to the southern jazz/blues rock of the Allman Brothers.

Graham Rockingham/for Metro Canada



#### Bif Naked

**Album:** The Promise  
**Label:** HRM Records

**Rating:**

#### THE PROMISE

STARTS out with anger and rage on the standout tracks Crash And Burn and Sick. It's what you'd expect from an album recorded while the singer was undergoing chemotherapy for breast cancer. Those two opening songs put a fitting edge to Bif Naked's tried and true formula of guitar-powered punk-pop. But the album takes a dive on the third track, an unfortunate bit of cliche-ridden radio fluff called Bluejay. There are plenty of worthy moments on this album, but at times it all seems a little too contrived.

Graham Rockingham/for Metro Canada



Listen to this week's reviewed music at [metroneWS.ca/music](#)



#### Kenya's Style

#### Kenya Hunt

Read the blog at [metroneWS.ca/kenyasstyle](#)

# The popcorn enterprise

### Star Trek



Chris Pine, right, and Zachary Quinto star as Kirk and Spock in the rebooted version of Star Trek, in theatres today.

**After last week's dour X-Men Origins: Wolverine, the summer movie season really gets going with the bombastic reboot of Star Trek. Director J.J. Abrams has taken a franchise that's spawned 10 feature films (and one inspired parody, *Galaxy Quest*) and made it new again.**

In what could easily have been Star Trek: The College Years, the film brings together the crew of the USS Enterprise for their maiden

voyage to do battle with a black hole-building Romulan with a chip on his shoulder (Eric Bana, with Mike Tyson-like face tattoos).

In the midst of the crisis, the filmmakers reinvigorate well-worn heroes Kirk (Chris Pine) and Spock (Zachary Quinto) by sprin-

kling on liberal amounts of daddy issues — the same that make up much of the personal drama on Abrams and producer Damon Lindelof's Lost.

But clever plotting aside, it's the interactions of the young crewmembers that keep the picture humming.

### Start Trek Thursday screen times

- **Crowfoot Crossing:** 7:7:20-9:55:10:20
- **Eau Claire Market:** 7:10
- **Empire Studio 16 Country Hills:** 7:7:20-10:10:15
- **Empire Studio 10 MacLeod Trail:** 7:10:15
- **Scotiabank Chinook:** 7:7:15-7:30-10:10:20-10:40
- **Sunridge Spectrum:** 7:05-7:25-8:10-10:10:30
- **Westhills 10:** 7:10-8

Complete listings are available at [metroneWS.ca/movies](#)

It helps that Kirk and Spock spend much of the movie barely tolerating each other, something that makes sense given their temperaments. And it makes the development of their famous friendship that much more interesting. But Karl Urban delightfully steals all of his scenes as medical officer (Bones) McCoy, and not just because he gets all the classic lines.

There are some missteps, to be sure, like the bizarre stunt-casting of Tyler Perry

as the head of Starfleet. But they're not nearly enough to sink an otherwise stellar popcorn movie.

After recent downers like The Dark Knight and Watchmen, it's refreshing to see a big-budget expression of giddy adventure.

### On the web

- For Star Trek photos, a trailer and screen times, or to buy tickets, visit [metroneWS.ca/movies](#).

### critics'corner

#### Da Kink in My Hair

It happens in every relationship: Eventually we learn something unpleasant about the other person. If it's minor — he snores, she leaves her undies hanging on the shower rod — it's fixable. Unfortunately, it's not always so minor. Ask Starr (Ngozi Paul), who is questioning her future with Julian after he makes a homophobic comment. Yep, this could be a deal breaker if he's not willing to join the "straight but not narrow" club. 10:31 PM on CICT



#### Michael J. Fox: Adventures of an Incurable Optimist

Four-time Emmy winner Michael J. Fox had every reason to become bitter and pessimistic after his career was derailed by Parkinson's disease, but instead he has channeled his energy into being an activist for optimism. In this upbeat one-hour special, the actor travels the globe to talk to people, both famous and not, about the enduring strength of hope. 10 PM on ACCESS

	Vu	SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
5/7/09			Alberta Primetime (Live)	America's Next Top Model	Old Christine	Old Christine	Michael J. Fox: Optimist	Primetime			
	267 351 - ACCESS		Hollywood	CSI: Crime Scene Invstgtn.	<i>Southland</i> "Two Gangs"	Grey's Anatomy (N)	News (N)				
	243 317 3 CFBN	etalk	The Simpsons	News	News	The Simpsons	King	Metroplex			
	- - 4 OMNI	Two/Half Men	The Simpsons	Entertainment	The Insider (N)	Ugly Betty (N)	Grey's Anatomy (N)	Michael J. Fox			
	- 371 5 KXLY	4 News at 6	4 News at 6:30	22 Minutes	Laughs	CBC News: The National	The Hour				
	245 306 6 CBRT	NHL Hockey: West Semifinal -- Canucks at Blackhawks			Survivor: Tocantins (N)	The Office (N)	Kink in Hair	News Hour			
	244 338 7 CICT	ET Canada	ET Canada	Harper's Island (N)	Ugly Betty (N)	Parks-Recreat	30 Rock	Your City			
	246 - 8 CKAL	Law & Order: SVU		Hell's Kitchen (PA) (N)	Bones (HDTV PA) (N)	Le Téléjournal et Les Nouvelles (N)	TJ Alberta				
	119 705 9 CBXFT	Des squelettes	Gars file	Perdus "Le Mensonge" (SC)	Les Galas 2007 du Festival						
	- - 10 SHAW	(6) Local Programming				Local Programming					
	- 372 12 KREM	News (N)	Hollywood	The Doctors (N)	Survivor: Tocantins	CSI: Crime Scene Invstgtn.	CSI: Crime Scen				
	- 374 14 KSPS	NewsHour With Jim Lehrer	Secret Mission Hanford	New Tricks	Malcolm-Mid.	MI-5 "Nest of Angels"	Artists Den				
	502 390 15 CBC	CBC News: The National	CBC News: The National	6TEEN	Futurama	CBC News: The National	Nature-Things				
	- 370 16 KHQ	News	Be-Millionaire	Jeopardy! (N)	Wheell-Fortune	Name Is Earl	Parks-Recreat	The Office (N)	30 Rock	Southland (N)	
	- 372 22 KAYU	The Simpsons	Raymond	Two/Half Men	Two/Half Men	Bones (HDTV PA) (N)	Hell's Kitchen (PA) (N)	News (N)			
	297 652 37 WPIX	Supernatural (HDTV) (N)	PIX News at Ten Tong.		Two/Half Men	Friends	Sex and-City	According-Jim	Frasier		
	500 509 29 CNN	Larry King Live (N)	Anderson Cooper 360 (HDTV)				Larry King Live	Cooper 360			
	502 502 31 CN2	Lou Dobbs Tonight	Nancy Grace	Showbiz Tonight			Lou Dobbs Tonight	Nancy Grace			
	400 401 21 TSN	Hockey: IIHF World Champ.	SportsCentre	NHL Hockey: Western Conference Semifinal Game 4 -			Red Wings at Ducks	SportsCentre			
	408 418 27 net	MLB Baseball	MLB Baseball	Toronto Blue Jays at Los Angeles Angels of Anaheim. (Live)				Sportsnet Con.			
	410 403 30SCORE	NBA Basketball: Teams TBA	Score Tonight		Hardcore Hockey Talk		Final Score	Final Score			
	411 457 44 OLN	Mantracker	Bounty Hunter	Bounty Hunter	Departures	Mantracker	Bounty Hunter				
	417 406 48 SPEED	Bullrun (HDTV)	Wrecked	Wrecked	Pimp My Ride	Pass Time	Pinks - All Out (HDTV)	Bullrun (HDTV)			
	552 543 20 YTV	Drake & Josh	Family Biz	Prank Patrol	Malcolm-Mid.	Futurama	In Real Life "The Circus"	Falcon Beach			
	557 541 39 FAM	Zoey 101	Life Derek	Wizards-Place	Han, Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School	
	555 545 67 TON	Ben 10	Johnny Test	Total Spies	6TEEN	6TEEN	Futurama	Beetlejuice *** (1988)			
	575 583 11 CMT	Reba	Reba	Hope & Faith	Hope & Faith	Gone Country	Gone Country	Home Improve.	Home Improve.	Reba	
	553 546 17 TREE	Little Bear	Maggie-Beast	Zigby	Max & Ruby	Babar	Backyardigans	Dora-Explorer	Go, Diego, Go!		
	- 548 18 CHTV	The Insider (N)	E! News	True Hollywood Story	Name Is Earl	10 Items-Less	Party Monsters: Cabo	News (N)			
	505 398 19 TWN	(5) EarthWatch One	EarthWatch One	EarthWatch Two							
	606 568 23 W	Style by Jury	Style by Jury	Will & Grace	Friends	Divine Design	House	Confidential	Save Us-House	Divine Design	
	521 560 24 TLC	American Chopper (N)	Hell-Loggers (HDTV) (N)			American Chopper	Hell-Loggers (HDTV)	Amer. Chopper			
	603 561 25 FOOD	Chef Jeff	Ace of Cakes	Chef Abroad	David Rocco	Unwrapped	Unwrapped	Chef Jeff			
	615 520 26 A&E	The First 48 (HDTV)	The First 48 (HDTV)	The First 48 (HDTV)	The First 48 (HDTV)	The First 48 (HDTV)	The First 48 (HDTV)	The First 48			
	617 522 32 SHOW	Wife Swap	The Outer Limits	Love-Death	Love-Death	Trailer Park	Trailer Park	Star Trek Gen			
	601 562 33 SLICE	X-Weighted		ET Canada	Til Debt-Part	Real Housewives OC	Trading Sp				
	- 633 34 EN2	(6:55) Bullet to Beijing ** (1995, Suspense)				The Odessa File ** (1974, Suspense)	Jon Voight.	Rosewood			
	520 505 35 DISC	William Shatner, World	MythBusters	Daily Planet		How William Shatner Changed the World					
	620 523 36 BRAVO	These Girls ** (2005, Comedy)	Caroline Dhavernas.	Law & Order "Gunplay"		Without a Trace					
	294 560 40 WPCH	Friends	Friends	After the Sunset ** (2004, Comedy-Drama)		Family Guy	Family Guy	Seinfeld			
	626 547 41 COM	Laughs	Comedy Now	Air Force	Just for Laughs	Corner Gas	The Simpsons	South Park	VIP		
	- 539 42 TCM	Bordertown	(7:45) Border Incident *** (1950, Crime Drama)			Right Cross ** (1950, Drama)	Dick Powell.	Requiem-Hvy.			
	628 584 43 SPIKE	TNA Wrestling (HDTV) (N)									
	522 516 45 HIST	Go Deep "Beaufighter"	NCIS "Judgment Day"	Pros vs. Joes: All Stars							
	627 528 46 SPACE	(6) Star Trek: Nemesis ** (2002)	The Circuit	Ancient Discoveries							
	- 47 AMC	(6) Star Trek: Nemesis ** (2002)	Stargate SG-1	Go Deep "Beaufighter"							
	619 525 49 TROP	What Happen?	What Happen?	Vanity Insanity	Inside Hollywood	Seinfeld	Seinfeld	Raymond	Family Guy		
	600 564 50 HGTV	Disaster DIY	Big Amazing	House Hunters	House Hunters	Holmes in New Orleans	Disaster DIY	Big Amazing	HolmesOrleans		
	501 391 52 CTV	CTV Newsnet		News	CTV Newsnet	News	CTV Newsnet	News			
	508 508 70 BNN	Squeeze Play		Market Call	Headline	Market Call	Commodities	Business News	queeze Play		
	526 507 92 VIVA	Most Haunted	Passion	Homicide File	Psychic Inv.	Encounters	Judging Amy	Encounters	Most Haunted		
	269 350 93 APTN	Warriors: TKO	By the Rapids	renegadepress	A Family Thing ** (1996, Drama)						
	- - 94 MCP	(6:30) News	Eight Heroes	Mom's Upset	Vancouver	Kahashan	Dheeraj Ghai	Sabadarah	Rang Barangi		
	571 581 100 MMM	Cher: The Farewell Tour	Entourage	Gene Simmons	The Daily Fix	Cher: The Farewell Tour	Cher: The Farewell Tour	Entourage			
	570 580 101 MM	Daddy's Girls	Degrassi: TNG	MuchTopTens	One Tree Hill	Daddy's Girls	Degrassi: TNG	Technical Diff.			
	581 566 102 MTV	Movie Awards	The Hills	Taking the Stage		After	The Hills	After Show	Taking, Stage		

cable variety



Read the blog at [metroneWS.ca/kenyasstyle](#)



Paula Abdul, who recently denied ever taking prescription painkillers on ABC's Nightline, opens up about her past drug use to Ladies' Home Journal. "I could have killed myself," the American Idol judge says about the extent of her painkiller abuse. METRO WORLD NEWS

## Celebrity Buzz

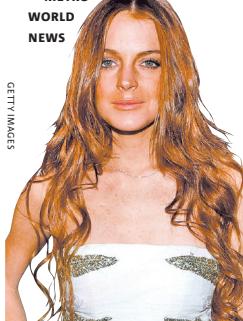
### Lindsay's bad influence on Ali

**SISTER, SISTER** Lindsay Lohan has been flirting dangerously with her past partying ways since her split from Samantha Ronson, and now it looks like she might be taking her sister, Ali Lohan, down with her.

Lindsay has reportedly been bringing Ali with her to parties around L.A., including a recent bash at the Roosevelt Hotel, where Lindsay was wary of photographers.

"Lindsay was definitely in party mode, but didn't want anyone seeing her drink," a source tells Page Six. Lindsay also recently brought 15-year-old Ali to 21-and-over club MyHouse, where the manager had to ask her to leave twice before she was escorted out.

METRO  
WORLD  
NEWS



GETTY IMAGES

### Give me the kid, or else?

**EXACTING REVENGE?** Celebrity status may not let Madonna bag herself a new child, but she's launching a campaign to help single mothers adopt children from foreign countries, femalefirst.co.uk reports.

The website adds it seemed a "little bit threatening" when Madge said she'll only launch the campaign if Malawi officials block her bid to take home three-year-old Mercy James.

The pop star tried to adopt Mercy last month

but her bid was turned down on the grounds that prospective parents have to be residents for 18 to 24 months prior to adoption.

Madonna, who previously adopted son David from Malawi in 2006, appealed the ruling and now her lawyers are

preparing to fight for their client's right to adopt in the African nation.

A source tells The Sun newspaper, "If she fails on the grounds of her divorce she will be absolutely livid. She is already talking about starting a campaign for single moms to be allowed to adopt the world over."

METRO NEWS SERVICES



### Do as I say, not as I do: Palin

**SET AN EXAMPLE** Bristol Palin promoted sexual abstinence in appearances Wednesday on ABC's Good Morning America and NBC's Today — prompting interviewers to question how she can preach something she obviously didn't practise, people.com reports.

While declining to discuss

what methods of birth control she might have used, Palin, 18, told ABC's Christopher Cuomo, "Regardless of what I did personally, I just think that abstinence is the only ...

100 per cent foolproof way to prevent pregnancy," but acknowledged abstinence is "difficult."

To NBC's Matt Lauer, who asked about the mixed message she was sending teens while holding her sleeping son, Tripp, in her

arms, Palin said, "I'm just here trying to tell teens this is a really hard job."

The appearances were part of Palin's new role as the Candi's Foundation's teen ambassador to raise awareness about the consequences of teen pregnancy.

When asked about claims her family would not allow Palin's former fiancé and father of her child, Levi Johnston, to be alone with his son, Palin shied away from talking about her "personal life" but did say, "I'd love Levi to be part of (Tripp's) life."

METRO NEWS SERVICES



# Earn a paycheque and a degree at the same time.

DeVry's flexible scheduling and full range of programs allow you to earn a paycheque while you earn a degree in today's hottest fields – full-time, part-time, evenings or online.

Pick up your Guide to 49 Hot Careers at [www.DeVryNow.ca](http://www.DeVryNow.ca) or call 403.207.3170.

DeVry  
Calgary

hotel before doing some sightseeing and grabbing a bite to eat.

Michael Sheen (Aro) and Jamie Campbell-Bower (Caius) arrived a couple hours earlier, and the evil immortals had costume fittings all day.

In Vancouver to film their interior scenes — they'll be shooting exteriors in Italy later this month — the trio are staying at the same hotel as co-star Kristen Stewart and Selena Gomez, who is there shooting Beezus and Ramona.

METRO NEWS SERVICES

### Volturi hit Vancouver

**FAN-DEMONIUM** Look out, trouble is in town. The Volturi (a vampire clan in the book) cast of New Moon has swooped into Vancouver to start shooting scenes in the highly anticipated Twilight sequel, people.com reports.

Dakota Fanning, who is set to play Jane, a sinister vampire with an angelic exterior, arrived Tuesday. Immediately thrust into the fan-demonium, she happily signed photos and posed for pictures outside her



### Kiefer gets rowdy

**BAD BEHAVIOUR** Kiefer Sutherland rose to Brooke Shields' defence Tuesday morning in downtown Manhattan — though she didn't particularly request it, and the interloper allegedly suffered a broken nose from the 24 star, according to reports.

New York's Daily News reports that Proenza Schouler womenswear designer Jack McCollough — a friend of Shields — interrupted her and Sutherland while they were speaking outside the SoHo nightspot SubMercer at 2 a.m. An agitated Sutherland then allegedly head-butted McCollough after the two men exchanged words.

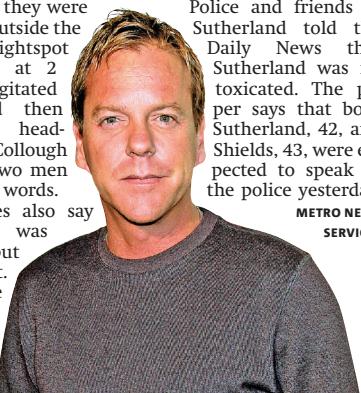
Witnesses also say Shields was shoved but not hurt. All were out following the Met's Costume

Institute Gala. A rep for Shields said, "Nothing happened to her ... Jack did nothing inappropriate. It's not clear what caused Kiefer to do what he did," the rep told tmz.com.

McCollough told authorities that Sutherland "was drunk and obnoxious and wouldn't back down or be logical," and that the actor "pulled this stupid wrestling move like a teenager" before the headbutt.

Police and friends of Sutherland told the Daily News that Sutherland was intoxicated. The paper says that both Sutherland, 42, and Shields, 43, were expected to speak to the police yesterday.

METRO NEWS SERVICES



### Fiddy a Gossip Girl fan?

**CELEBRITY FAN** 50 Cent watched Gossip Girl to prepare for his new movie role, femalefirst.co.uk reports.

The rapper — real name Curtis Jackson — tuned into several episodes of the teen drama because he is set to appear with its star Chace Crawford in forthcoming movie Twelve.

He said: "I got a chance to see it. It's cool just to be in the presence of talented artists."

In the movie, 50 plays drug dealer Lionel and says the role was "exciting," while Crawford plays the lead role as a high school dropout and drug dealer named White Mike.

METRO NEWS SERVICES





Today

Rain; sunny breaks late.  
11°C / 4°C

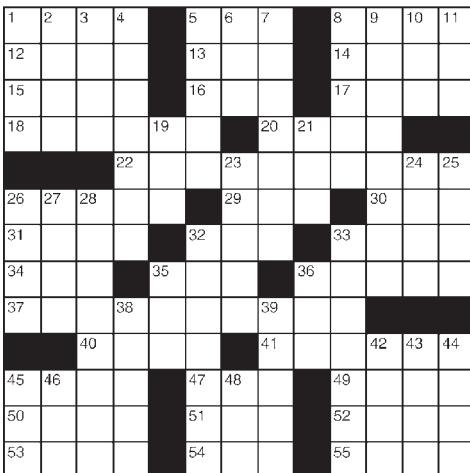
Friday

Morning clouds. Mild.  
15°C / 3°CSaturday  
Mostly sunny. Mild.  
14°C / 3°CBREAKFAST  
TELEVISION

## Andrew Schultz, Weather Specialist – Breakfast Television

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta."

WEEKDAYS AT 6 A.M.



## Crossword across

1 Dogfight participants  
 5 Energy  
 8 In the neighborhood  
 12 Ancient mariner  
 13 Courtroom pseudonym  
 14 Wheelbase terminus  
 15 Houston acronym  
 16 Joined at the hip  
 17 Couple, in a gossip column  
 18 Crowd scene actors  
 20 Sport  
 22 Pseudo-claimants to the throne  
 26 Diamond side  
 29 Scarlet  
 30 Wrestling surface  
 31 Black, to Browning?  
 45 46  
 50  
 53

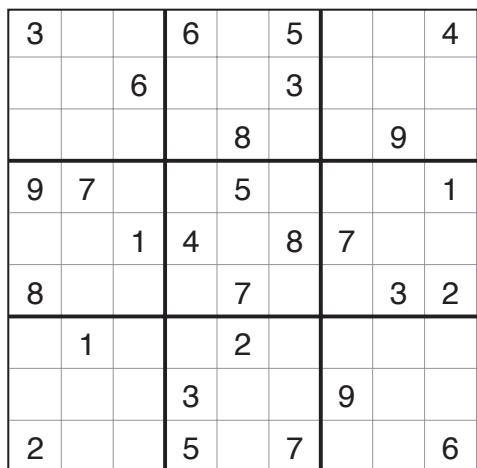
## Crossword down

1 Hathaway or Heche  
 2 Wheedle  
 3 Right on the map?  
 4 Hone  
 5 Everyday writing  
 6 A billion years  
 7 Diminutive ones  
 8 Water nymph  
 9 Maximums  
 10 Pub order  
 11 Sleep phenom  
 19 Illustrations  
 21 Remnant  
 23 Aligned  
 24 Huck's transport  
 25 Eyelid woe  
 26 Govt. workers  
 27 "—ben Adhem"  
 28 Clear soup  
 32 Politicos' trips  
 33 Treacherous one  
 35 Lair  
 36 Support of a sort  
 38 They're calling Danny Boy  
 39 Strong adhesive  
 42 Birthright barterer  
 43 Shaving mishap  
 44 Snatch  
 45 Retriever type  
 46 Lemieux milieu  
 48 Diastema

## Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



## PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



Find today's answers + play more games at metronews.ca

## SUDOKU SOLVE TIME:

Under 13 min .....Genius  
 13-17 min.....Scholar

17-21 min .....Smart

21-25 min.....Not bad  
 25+ min.....Keep practising

## Horoscopes

## ARIES

MARCH 21-APRIL 20



A delayed message will startle you. Don't explode at the slightest provocation. A traveler tells a secret about the blues.

## LIBRA

SEPT 23-OCT 23



Stop thinking about obeying outrageous demands. Hold your tongue to please a finicky person. A magical man is too honest.

## TAURUS

APRIL 21-MAY 21



An announcement will be noted. Fly into action guided by your intuition. A lover is hungering for good-natured adventures..

## SCORPIO

OCT 24-NOV 22



A creative person is awkward before a discussion. Give credit to a meek man. A vengeful individual has to save someone.

## GEMINI

MAY 22-JUNE 21



Someone will rule with a velvet fist. A friend behaves in an abnormal manner. Call a cheerful woman for peace of mind.

## SAGITTARIUS

NOV 23-DEC 21



Find some understanding from a laid-back friend. Run the risk of being seen paying attention. A job should be finished by now.

## CANCER

JUNE 22-JULY 22



People want you to get with the program. You'll be forced to make a choice. A strong conviction determines what is really important.

## CAPRICORN

DEC 22-JAN 20



Messy stairs inspire someone to take a tumble. A significant injury has been concealed. A cynical person is moving ahead in love.

## LEO JULY 23-AUG 23

Be ready to concede when tension breaks out. Guard against seasonal ailments. A newcomer's breakthrough saves you from a dull job.

## AQUARIUS

JAN 21-FEB 18



Mental activity will increase your fun. Changes are opportunities for a new way of life. Someone needs time alone to plan some hanky-panky.

## VIRGO AUG 24-SEPT 22

Don't tell a grouch any confidential stories. You'll be teased about a change of plans. Banal moments will put you in an awkward position.

## PISCES

FEB 19-MARCH 20



Don't lift anything heavy without help. An associate may not be trustworthy. A good person makes an exciting move.

SAY "I DO"  
TO LINGERIE

BRA SIZE 30 - 46 BAND | AA - J CUP

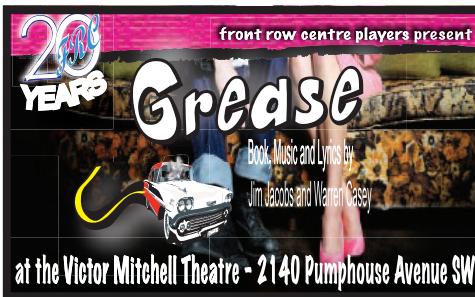
Do you know up to 80% of women  
are wearing the wrong size bra?

Present this ad  
and receive a free  
gift with purchase



INTIMATELY YOURS

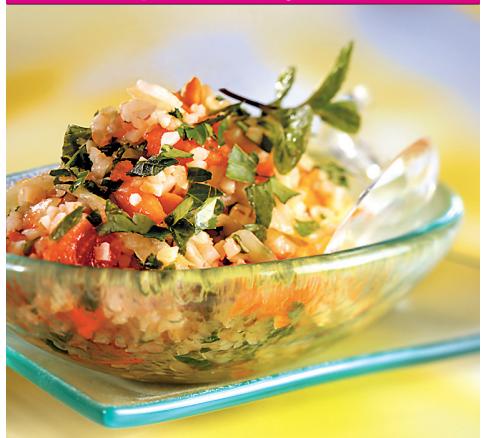
MAIN LEVEL BANKERS HALL | 403.265.5471



entertainment 23

## Take Five

## Metro Recipe of the Day



## Bulgur Salad

## INGREDIENTS:

3/4 cup (175 ml) bulgur  
 2 large tomatoes  
 1/2 cucumber, peeled and coarsely grated  
 1 carrot, peeled and grated  
 2 tbsp (25 ml) finely chopped fresh flat-leaf parsley  
 10 fresh mint leaves, chopped  
 1 tbsp (15 ml) lemon juice  
 sprig of fresh mint to garnish

bowl of boiling water, 30 seconds. Drain, then refresh under cold running water. Peel off skins, then scoop out seeds and dice flesh. Mix tomato flesh with cucumber and carrot. Rub bulgur between fingers to separate grains, add to vegetables with herbs and toss. Sprinkle with lemon juice.

4. For dressing, put oil, vinegar, garlic and seasoning into jar and shake well. Pour dressing over the salad and toss gently. Cover with plastic wrap and chill 3 hours before serving. Garnish with sprig of fresh mint.

SERVES 4 AS A LIGHT MEAL

## rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



## AVATAR VENUS

Front Row Centre Players present...

## Grease

Directed by Andrea van der Neut  
 May 22 - June 6, 2009  
 Pumphouse Theatres

Tues.-Sat. Evenings at 7:30PM  
 Sat. & Sun. Matinees at 2:00PM

Adults: \$21.75  
 Students & Seniors: \$18.75

SPECIAL OFFERS  
 "Mature Matinees" – \$15 Seniors  
 "12 Buck Tuesdays"



For Tickets call

263-0079

Or visit

www.frontrowcentre.ca

# BECOME A BAY BEAUTY VIP

Friday, May 1st to Sunday, May 10th

## UP TO \$50 IN SAVINGS!\*



**1. spend** \$50 or more (before taxes) in cosmetics and fragrances and receive your gift of a Bay Beauty VIP Savings Passport.



**2. redeem** your Beauty VIP Savings Passport by visiting our cosmetics and fragrance department each month from May until September 2009 to get

**\$10 OFF YOUR PURCHASE EVERY MONTH\***

**3. register** your Beauty VIP Savings Passport & email address online to be automatically entered for a chance to win in our monthly draw.

**WIN A \$500 COSMETICS & FRAGRANCE SHOPPING SPREE**

\*\*Each month one winner will be selected for a \$500 cosmetic and fragrance shopping spree at the Bay store of your choice!

Visit [www.thebay.com/beauty](http://www.thebay.com/beauty) for details and to register your Beauty VIP Savings Passport.

\*The Bay Beauty VIP Savings Passport is redeemable only at the Bay for \$10 off any cosmetic or fragrance purchase of \$50 or more (before taxes) once each month from May to September 2009. Chanel fragrances are excluded from this program.

\*\*No purchase necessary. There are 5 Grand Prizes, each consisting of the winner's choice of up to \$500 (including taxes) of cosmetics and fragrances from the Bay. All Bay stores are participating. Correct answer to mathematical skill-testing question required. Odds of winning depend on the number of eligible entries received. For full contest rules, prize descriptions, entry and eligibility requirements, visit any Bay store or [www.thebay.com](http://www.thebay.com).



BEAUTY  
*at the Bay*